

My Island Of Dreams

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Improver
編舞者: David Feltell (UK) - January 2008
音樂: My Island Of Dreams - Paul Bailey



Intro: 32 counts.

Section 1: Side Rock, cross shuffle, 2 x 1/4 turns (R), Cross shuffle

1, 2 Rock right foot to right, recover weight onto left
3 & 4 Cross right over left, step left to left, cross right over left (cross shuffle)
5, 6 Step back on left turning 1/4 turn to right, Step right foot to right turning 1/4 turn right. (6.00)
7 & 8 Cross left over right, Step right to right, Cross left over right. (cross shuffle).

Section 2: Side rock, Sailor 1/4 turn (R). Fwd rock (L), Left coaster step.

1,2 Rock right out to right, recover onto left.
3 & 4 Sweep right out and back turning 1/4 turn right on R.L.R. (sailor 1/4 turn right). (9.00)
5, 6 Rock fwd onto left, Recover weight onto right.
7 & 8 Step back left, Step right back and next to left, Small step forward with left. (Left coaster)

Section 3: R. Side Rock, Shuffle back, L. Side rock, Shuffle back

1,2 Rock R foot to right, Recover weight onto left.
3 & 4 Step back right, slide left back to right, step back right. (Back shuffle)
5, 6 Rock left foot to left, Recover weight onto right..
7 & 8 Step back on left, slide right back to left. Step back on left (back shuffle)

Section 4: Back rock (R), 1/4 turn left, Step right, Touch left. Fwd rock (L), Coaster step.

1, 2 Rock back onto right, recover weight onto ball of left foot turning 1/4 turn left as you do so. (6.00)
3, 4 Step right to right, Touch left next to right..
5, 6 Rock fwd onto left, Recover onto right.
7 & 8 Step back left, Step right next to left, small step fwd with left (coaster)

Begin again.

TAGS (2 x easy 4 step ones): AT THE END OF WALL 3 (6.00) AND AT THE END OF WALL 6 (12.00)

1-4 Sway, R, L, R, L.
