

Marathon Size

拍數: 0 牆數: 4 級數: Phrased Improver
編舞者: Arto Liekola (FIN) - January 2008
音樂: Size Matters (Someday) - Joe Nichols



Sequence: AABAABA

Part A

RIGHT AND LEFT TOE HEEL TAPS AND COASTER STEP

1 - 2 Touch right toe forward, touch right heel forward
3 & 4 Step right back, step left together, step right forward
5 - 6 Touch left toe forward, touch left heel forward
7 & 8 Step left back, step right together, step left forward

MAKE ¼ TURN LEFT, SHUFFLE, ¼ TURN RIGHT, CROSS SHUFFLE

9 - 10 Step right forward, turn ¼ left
11 & 12 Step right forward, step left together, step right forward
13 - 14 Step left forward, turn ¼ right
15 & 16 Cross-step left over right, step right to right side, cross-step left over right

RIGHT SIDE, BESIDE, CHASSE, LEFT SIDE, BESIDE, CHASSE

17 - 18 Step right to right side, step left together
19 & 20 Step right to right side, step left together, step right to right side
21 - 22 Step left to left side, step right together
23 & 24 Step left to left side, step right together, step left to left side

MAKE ½ TURN LEFT, KICK-BALL-CHANGE, ¼ TURN LEFT, KICK-BALL-CHANGE

25 - 36 Step right forward, turn ½ left
27 & 28 Kick right forward, step right down, step left in place
29 - 30 Step right forward, turn ¼ left
31 & 32 Kick right forward, step right down, step left in place

Part B (back wall and front wall)

STEP RIGHT, STEP LEFT, SHUFFLE

1 - 2 Step forward right, left
3 & 4 Step right forward, step left together, step right forward

STEP LEFT BACK, HITCH RIGHT. STOMP RIGHT, PAUSE

5 - 6 Step left back, hitch right knee
7 - 8 Stomp right down, pause