

# Honesty

**COPPER KNOB**  
BY STEPHEN

拍數: 48      牆數: 4      級數: Intermediate Cha Cha (88bpm)  
編舞者: Dee Musk (UK) - January 2008  
音樂: All This Woman Needs - Rissi Palmer : (Album: Rissi Palmer)



**Intro: 16 Counts from first beat, start on the word 'Flowers'. Approx 11 seconds.**

## **SIDE ROCK RECOVER CROSS, SIDE ROCK & CROSS, RONDE SWEEP, SWEEP BALL STEP.**

1,2,3      Rock R to R side, recover weight to L, cross R over L.  
4&5      Rock L to L side, recover weight to R, cross L over R.  
6,7      Point R toe out to R side, step R slightly behind L.  
8&1      Sweep L anticlockwise, step L behind R, step R forward. (12 o'clock).

## **MAKE ¼ TURN R, CROSS SHUFFLE, SWAY SWAY, SAILOR ½ TURN R.**

2,3      Step forward on L, make a ¼ turn R.  
4&5      Cross step L over R, step R to R side, Cross step L over R.  
6,7      Sway R to R side, sway L to L side.  
8&1      Making a ½ turn R cross step R behind L, step L to L side, step R in place. (9 o'clock).

## **SKATE SKATE, CROSS ROCK SIDE, CROSS ROCK, CHASSE ¼ TURN R.**

2,3      Skate L, Skate R.  
4&5      Cross rock L over R, recover weight to R, step L to L side.  
6,7      Cross rock R over L, recover weight to L.  
8&1      Step R to R side, close L beside R, make a ¼ turn R stepping forward on R. (12 o'clock).

## **STEP ½ TURN R, SIDE ROCK & TOUCH, TOUCH SIDE, CROSS, SIDE ROCK & CROSS.**

2,3      Step forward on L, make a ½ turn R.  
4&5      Rock L to L side, recover weight to R, cross touch L over R.  
6,7      Touch L out to L side, cross L over R.  
8&1      Rock R out to R side, recover weight to L, cross R over L. (6 o'clock).

## **BACK SIDE, STEP LOCK STEP, BACK ROCK, L TURN BALL STEP.**

2,3      Step back on L, step side on R.  
4&5      Step forward on L, cross lock R behind L, step forward on L.  
6,7      Rock back on R, recover weight to L.  
8&1      Make a ½ turn L stepping back on R, step L beside R, step forward on R. (12 o'clock).

## **MAKE ½ TURN R, ¼ TURN R, CROSS ROCK ¼ TURN L, STEP ¾ TURN L, SIDE CLOSE.**

2,3      Make a ½ turn R stepping back on L, make a ¼ turn R stepping side on R.  
4&5      Cross rock L over R, recover weight to R, make a ¼ turn L stepping forward on L.  
6,7      Step forward on R, make a ¾ turn L weight ending on L.  
8&      Step R to R side, close L beside R. (9 o'clock).

**Begin again.**

**Restart during wall 5 – Dance to count 4 on section 2. Restart dance facing 3 o'clock wall.**

**Optional Ending on wall 7– For a smooth finish dance up to count 7 (L crossed over R) on section 4 then unwind ½ turn R to face 12 o'clock wall.**

**Relax and Enjoy Luv Dee xx**

