

# I'm Over You

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Alan Haywood (UK) - January 2008  
音樂: You're No Good - Lulu : (Album: Soul In Your Heart)



Intro - 16 counts – start on vocals

## Section 1

**Forward toe touches R&L&R, hold, making ¼ L toe touches &L&R& step L, hold**

1&2      Touch right toe forward, step right next to left, touch left toe forward  
&3-4      Step left next to right, touch right toe forward, hold for one count  
&5&6&7      Whilst making ¼ turn left toe touches forward &left & right & step left forward  
8      Hold for one count (9 o'clock)

## Section 2

**R kick ball step, 2 count full turn left, ¼ L rock and cross, L side shuffle**

1&2      Kick right forward, step right next to left, step left forward  
3-4      Pivot ½ turn left stepping back right, pivot ½ turn left stepping left forward

**Easy option: Walk forward right left**

5&6      Making ¼ turn left rock right to right side, recover weight onto left, cross step right over left  
7&8      Step left to left side, close right next to left, step left to left side (6 o'clock)

## Section 3

**Cross rock R over, recover L, & L over & L behind, R side rock, recover L, ½ R sailor**

1-2      Cross rock right over left, recover weight back onto left  
&3&4      Step right to right side, cross step left over right, step right to right side, cross step left behind right  
5-6      Rock right to right side, recover weight onto left  
7&8      Step right behind left, making ½ turn right step left to left side, step right to right side (12 o'clock)

## Section 4

**Cross rock L over, recover R, triple full turn L, hip bumps RLR & ½ L, hip bumps LRL**

1-2      Cross rock left over right, recover weight back onto right  
3&4      Triple full turn left on spot stepping left right left  
**Easy option for 3&4: left back coaster step**  
5&6      Hip bumps stepping right forward right left right  
&7&8      Making ½ turn left hip bumps stepping left forward left right left (6 o'clock)

**END OF DANCE**

**NO TAGS OR RESTARTS – YIPPEEEEE!**