

# Left With My Heart

**COPPERKNOB**  
BY STEPHEN BRETZ

拍數: 48      牆數: 2      級數: Intermediate Waltz  
編舞者: Jacquie Winchester (UK) - January 2008  
音樂: Left With My Heart - Brushwood



**Intro: 12 counts**

## **CROSS ROCK, RECOVER, ¼ TURN RIGHT**

1 – 3      Cross right foot over left, recover weight on left foot, turning ¼ right step forward on right foot  
**STEP, PIVOT ½ RIGHT, STEP**

4 – 6      Step forward on left foot, pivot ½ turn right, step forward left foot

## **FULL TURN LEFT**

7 – 9      Travelling forwards turn a full turn left on right, left, right (or walk forward R,L,R)

## **ROCK FORWARD, RECOVER, STEP BACK**

10 – 12      Rock forward on left foot, recover weight on right foot, step back on left foot

## **¼ TURN RIGHT, LUNGE, RECOVER**

13 – 15      Turning ¼ to right touch right foot beside left, lunge to right forward diagonal on right foot, recover weight on left foot

## **CROSS, ¼ TURN LEFT, ½ TURN LEFT TOUCH**

16 – 18      Cross right foot behind left, turning ¼ left step forward on left foot, keeping weight on left foot turn a further ½ left ending with right foot touched beside left

## **ROCK FORWARD, BACK, ¼ TURN RIGHT**

19 – 21      Rock forward on right foot, recover weight on left foot, turn ¼ to right stepping right foot to right

## **CROSS, SIDE ROCK, RECOVER**

22 – 24      Cross left foot over right, rock right on right foot, recover weight on left foot

## **WEAVE LEFT**

25 – 27      Cross right foot over left, step left on left foot, cross right foot behind left

## **SIDE ROCK, RECOVER, CROSS**

28 – 30      Rock left on left foot, recover weight on right foot, cross left foot over right

## **¼ TURN LEFT, ¼ TURN LEFT, CROSS ROCK**

31 – 33      Turning ¼ left step back on right foot, turning ¼ left step left on left foot, cross right foot over left

## **RECOVER, SIDE CHASSE**

34, 35&36      Recover weight on left foot, step right foot to right, step left foot next to right, step right foot to right

## **ROCK FORWARD, RECOVER, SWEEP**

37 – 39      Rock forward on left foot, recover weight on right foot, sweep left foot from front to back

## **STEP BACK, SIDE ROCK, RECOVER**

40 – 42      Step back on left foot, rock right on right foot, recover weight on left foot

## **CROSS, ¼ TURN RIGHT, ¼ TURN RIGHT**

43 – 45      Cross right foot over left, turning ¼ right step back on left foot, turning ¼ right step right on right foot

## **CROSS ROCK, RECOVER, SIDE**

46 – 48      Cross left foot over right, recover weight on right foot, step left on left foot

**START AGAIN**

