

Diggit

拍數: 32 牆數: 4 級數: Improver
編舞者: Chris Salter (UK) - January 2008
音樂: No Diggity - Blackstreet



Intro 32 Counts [22 seconds in]

Section 1: Prissy Walks x 2, Cross Shuffle, Side Rock, Recover, Sailor 1/4 Turn Left

- 1 – 2 Cross right over left, travelling forward. Cross left over right, travelling forward
- 3 & 4 Step right to left diagonal. Step left beside right. Step right to left diagonal
- 5 – 6 Rock to left on left. Recover on right
- 7 & 8 Cross left behind right turning 1/4 left. Step right to right. Step left in place [9:00]

Section 2: Step, 1/2 Pivot Left, Forward Shuffle, Toe Touch With Hip Bumps, Coaster Step

- 1 – 2 Step forward on right. Pivot 1/2 Turn Left
- 3 & 4 Step forward on right. Step left beside right. Step forward on right
- 5 – 6 Touch left toe forward whilst bumping hips forward. Bump hips back
- 7 & 8 Step left foot back. Step right beside left. Step left foot forward [3:00]

Section 3: Toe Touch With Hip Bumps, Coaster Step, Step, 1/4 Pivot Right, Cross Shuffle

- 1 – 2 Touch right toe forward whilst bumping hips forward. Bump hips back
- 3 & 4 Step right foot back. Step left beside right. Step right foot forward
- 5 – 6 Step forward on left. Pivot 1/4 turn right
- 7 & 8 Step left to right diagonal. Step right beside left. Step left to right diagonal [6:00]

Section 4: Side Rock, Behind, Side, Cross, Side Rock, Behind, 1/4 Turn Right, Step

- 1 – 2 Rock right to right side. Recover on left
- 3 & 4 Step right behind left. Step left to left. Cross right in front of left
- 5 – 6 Rock left to left side. Recover on right
- 7 & 8 Step left behind right. Step right 1/4 turn right. Step left forward [9:00]

Begin again.

Choreographer's Note:

This dance can be used as a floor split to "No Diggity" by Paul McAdam so that Improvers can dance to the track too.
