# My Sister



拍數: 48 牆數: 4 級數: Improver

編舞者: Kate Valentin (DK) - January 2008

音樂: My Sister - Reba McEntire: (CD: Room To Breathe)



#### Intro: 32 Count intro

Section 1	1 · Cross	Rock R	Chassé Right.	Cross Rock I	Chaccá Laft
OCCHOIL	ı. Oluss	I VOUR IV.	OHOSSE INUIT.	OLUGG LAUGH L.	OHOSSE LEIL.

1 - 2	Cross rock forward	rd on right Roc	k back onto left
1 - 4	CIUSS IUUN IUI Wa	ia on nant. Noc	n back office fert.

3 & 4 Step right to right side. Close left beside right. Step right to right side.

5 – 6 Cross rock forward on left. Rock back onto right.

7 & 8 Step left to left side. Close right beside left. Step left to left side.

## Section 2: 2 Paddle turns 1/4 Turn L, Sailor Step R, Sailor Step L 1/4 Turn L.

1 – 2	Step forward right. Pivot 1/4 turn left.(Weight ends on left.)
3 – 4	Step forward right. Pivot 1/4 turn left.(Weight ends on left.)
5 & 6	Cross right behind left. Step left to left side. Step right to place.

7 & 8 Cross left behind right turning 1/4 turn L. Step right to right side. Step left to place.

## Section 3: Step, Lock, Lock forward R, Step, Lock, Lock Forward L.

1 – 2 Step forward	I right. Lock left behind right.
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3 & 4 Step forward right. Lock left behind right. Step forward right.

5 – 6 Step forward left. Lock right behind left.

7 & 8 Step forward left. Lock right behind left. Step forward left.

#### Section 4: Cross, Back, Ball Cross Step Side, Back Rock L, Pivot 1/2 Turn R.

1 – 2 Cross right over left. Step back on left.

&3 – 4 Step ball of right slightly behind left. Cross left over right. Step right on right.

5 – 6 Rock back on left. Rock forward onto right.

7 - 8 Step forward left. Pivot 1/2 turn right

#### Section 5: Shuffle 1/2 Turn R, Coaster Step R, 4 Hip Sways.

1 & 2 Shuffle step forward making 1/2 turn right, stepping - left, right, left.

3 & 4 Step back left. Step right beside left. Step forward left.

5 – 8 Step to left on left, swaying hips - left, right, left, right.

### Section 6: 3 Side Step Back Rocks, Pivot 1/2 Turn L.

1 - 2&	Large step on left to left, rock back on right, recover weight on left.
3 - 4&	Large step on right to right, rock back on left, recover on right.
5 - 6&	Large step on left to left, rock back on right, recover weight on left.
7 0	0, 6, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1,

7 - 8 Step forward right. Pivot 1/2 turn left.

## Optional Ending (on 7th wall (starting 6 O'Clock, section 6)

## Section 6: 3 Side Step Back Rocks, Step forward on right turning 1/4 Turn R

1 - 2&	Large step on left to left, rock back on right, recover weight on left.
3 - 4&	Large step on right to right, rock back on left, recover on right.
5 - 6&	Large step on left to left, rock back on right, recover weight on left.
7 – 8	Step forward on right turning 1/4 turn right. Hold. Throw Arms in the Air

This Dance is Written to my Sister Marianne, who's going through a hard Time right now. I Love You "Sis"......

I hope all of You will enjoy this Dance...

