

Cheater

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Bob Boesel (USA) - January 2008
音樂: Before He Cheats - Carrie Underwood : (CD: Some Hearts)



Lead In: Sixteen count lead in, dance starts on vocals with weight on left foot.

(A) STEP ¼ R, STEP ¼ R, SAILOR CROSS ½ R, STEP SIDE, SWAY, BEHIND SIDE CROSS, ROCK

1-2 Turn ¼ R stepping forward on R, turn ¼ R stepping side on L
3&4 Step R behind L turning ¼ R, turn ¼ R stepping side on L, cross step R over L (1/2 turn sailor cross)
5-6 Step side on L swaying hips L, recover on R swaying hips R
7&8& Step L behind R, step side on R, cross step L over R, rock side on R [12:00]

(B) STEP ¼ L, STEP ¼ L, SAILOR CROSS ¾ L, STEP SIDE, SWAY, BEHIND SIDE CROSS, SIDE

1-2 Turn ¼ L stepping forward on L, turn ¼ L stepping side on R
3&4 Step L behind R turning ¼ L, turn ¼ L stepping side on R, turn ¼ L stepping L across R (3/4 turn sailor cross)
5-6 Step side on R swaying hips R, recover on L swaying hips L
7&8& Step R behind L, step side on L, cross step R over L, step side on L (weave) [9:00]

(C) CROSS ROCK, RECOVER, KICK BALL CROSS, KICK BALL WEAVE, ¼ R SHUFFLE FWD

1-2 Cross rock R over L, recover on L
3&4 Kick R on R diagonal, step ball of R next to L, cross step L over R
5&6& Kick R on R diagonal, step ball of R next to L, cross step L over R, small step side on R
7&8& Step L behind R, turn ¼ R and shuffle forward (small steps) R, L, R [12:00]

(D) ROCK FWD, RECOVER, STEP BACK, BACK DRAG (2X), COASTER, LOCK, STEP, STEP, LOCK STEP

1&2 Rock forward on L, recover on R, step back on L
3-4 Long step back on R drawing L to R, long step back on L drawing R to L.
5&6& Step back on R, step L next to R, step forward on R diagonal, lock step L behind R
7&8& Step R fwd on R diagonal, step L fwd on L diagonal, lock step R behind L, step L fwd on L diagonal [12:00]

(E) CROSS, RECOVER, SIDE, CROSS, RECOVER, SIDE, ROCK FWD, RECOVER, ½ R STEP FWD, ¼ R STEP SIDE, BEHIND, SIDE, HEEL

1&2 Cross rock R over L, recover on L, step side on R
3&4 Cross rock L over R, recover on R, step side on L
5&6& Rock forward on R, recover on L, turn ½ R stepping forward on R, turn ¼ R stepping side on L
7&8 Step R behind L, step side on L, tap R heel on R diagonal [9:00]

(F) TOGETHER, CROSS, SIDE, HEEL, TOGETHER, CROSS, ¼ TURN R, ½ TURN R, STEP PIVOT, FWD, STEP PIVOT, FULL TURN L, STEP

&1&2 Step R next to L, cross step L over R, step side on R, tap L heel on L diagonal
&3&4 Step L next to R, cross step R over L, turn ¼ R stepping back on L, turn ½ R stepping forward on R
5&6 Step forward on L, pivot ½ R onto R, step forward on L
7&8& Step forward on R, pivot ½ L onto L, step forward on R making a full turn L, step forward on L [6:00]

(G) SIDE, TOG, BACK, ¼ L, SIDE, TOG, FWD, ¼ L, SIDE, TOG, BACK, ¼ L, SIDE, TOG, FWD

1&2 Step side on R, step L next to R, step back on R

&3&4 Pivot ¼ L on ball of R, step side on L, step R next to L, step forward on L
&5&6 Pivot ¼ L on ball of L, step side on R, step L next to R, step back on R
&7&8 Pivot ¼ L on ball of R, step side on L, step R next to L, step forward on L [9:00]

(H) CROSS, RECOVER, SIDE, WEAVE, ROCK, RECOVER, WEAVE, SIDE, ROCK BACK, RECOVER

1&2 Cross rock R over L, recover on L, step side on R
3&4 Step L behind R, step side on R, cross step L over R
5&6& Rock side on R, recover on L, step R behind L, step side on L
7&8& Cross step R over L, step side on L, rock back on R, recover on L [9:00]

Begin again.

***TAG: After completion of the first wall there is a four count tag - Rock R, recover, cross, rock L, recover, cross (1&2,3&4).**

****RESTART: On the 4th wall (start facing 3:00) dance the first 5 counts (stepping side on L), hold the break and restart on the beat.**
