Candlelight



拍數: 40 牆數: 4 級數: Intermediate 編舞者: M.T. Groove (UK) - January 2008 音樂: Heaven (Candlelight Mix) - DJ Sammy Start approx 15 seconds in just before vocals - this song does not have a definite beat so you'll dance with the vocals - feel the music - it's a beautiful song..... (2 RESTARTS) * ** both facing 6 o'clock. SIDE, FORWARD ROCK, SIDE, BACK ROCK, 1/4 STEP, REVERSE FULL TURN SPIRAL, OUT OUT & **CROSS** 1-2& □ Big step R to R side, Rock straight forward on L, Recover R. 3-4& □ Big step L to L side, Rock straight back on R, Recover L. 5-6 □ Make ¼ turn R step forward R, Make a reverse spiral full turn L – weight on R. &7&8 □ Step out out L,R, Step L next to R, Cross R over L. (3.00). TURN 1/4 SWAY SWAY, & BEHIND, BACK BACK TOUCH, FULL TURN SPIN, POINT. 1-2 □ Make a ¼ turn L stepping L to L side(sway), Sway hips to R taking weight on R. &3 □ Step on L, Cross R behind L. Weight on R (L knee pops forward, gently). 4&5 □ Step back on L, Step back on R, Touch L toe forward. Step on L as you spin a full turn L on L foot with R leg behind L calf (fig.4), Point R to R side. 6-7 □ (12.00).TURN ¼ CROSS ROCK RECOVER, CROSS ¼ ¼ KICK,, RUN L,R,, STEP PIVOT ½ TURN, RUN L,R, ¾ SWEEP BALL CROSS. Make a ¼ turn R as you cross R over L, Rock L to L side, Recover R. 8&1 □ 2&3 □ Cross L over R, Make a ¼ turn L step back R, Make a ¼ turn L as you brush your L foot forward into a low kick to L diagonal. 4&5& □ Run to L diagonal L,R, Step forward L, Pivot ½ turn R stay on diagonal. 6&7 □ Run L. R (still on diagonal), Unwind almost a ¾ turn L sweeping the L foot to face 6.00. Step on L, Cross R over L. (6.00). &8 □ PRISSY WALKS L,R, COASTER CROSS/COLLAPSE, SIDE DRAG, BALL 1/4 STEP, 1/2 TURN SPIN. Prissy walk L,R, L coaster Cross (as you Cross, collapse into this so both legs are bent). 1-2-3&4 □ ** Restart here DURING wall 5. 5-6 □ Step R big step to R side, Drag L towards R. &7-8 □ Step on L, Make ¼ turn R step forward on R. Spin ½ turn R bringing feet together - weight R.(3.00)* Restart: here DURING wall 2 but keep weight L instead of R so you can start dance from beginning. TURN 1/4 CROSS SIDE ROCK, CROSS SIDE ROCK TOUCH, 1/4 HITCH STEP, STEP 1/2 PIVOT STEP, SIDE **ROCK & CROSS.** Make ¼ turn L Crossing L over right (12.00), Rock R to R side, Recover L, Cross R over L. 1&2& □ 3&4 □ Rock L to L side, Recover R. Touch L foot forward & slightly across R. (12.00). &5 □ Hitch L (elegantly) Make a ¼ turn L step forward on L. (9.00). 6&7 □ Step forward R, Pivot ½ turn L, Step forward R. (3.00). &8& □ Rock L to L side, Recover R, Cross L over R. (3.00).

Start over and enjoy