

My Party

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Øivor Håland (NOR) - December 2007
音樂: Here for the Party - Gretchen Wilson



Start with the vocal

Section 1: Walks, Kick ball Step, Chasse, Back Rock

1 – 2 Walk Forward right. Walk forward left
3 & 4 Kick right forward. Step down on right. Step forward on left.
5 & 6 Step right to right side, step left next to right, step right to right side
7 – 8 Rock back on left, recover on to right.

Section 2: Chasse, Back Rock, Heel touch x 2, Chasse ¼ turn

1 & 2 Step left to left side, step right next to left, step left to left side,
3 – 4 Rock back on right, recover on to left.
5 & 6 Touch heel diagonal right, step right next to left, touch left heel next to right.
& 7-8 Step left next to right, step forward on right, turn ¼ to left on left. (09:00)

Restart here in wall 6 dance 16 counts, start again from beginning

Section 3: Rock Forward, Shuffle ½ turn, Rock Forward, Shuffle ½ turn

1 -2 Rock forward on to right foot, recover on to left,
3 & 4 Shuffle ½ turn right
5 – 6 Rock forward on to left foot, recover on to right
7 & 8 Shuffle ½ turn left. (09:00)

Section 4: Side Rock, Recover, Step, x 2

1 – 2 Rock to right side, recover onto left,
3 – 4 Step right next to left, hold
5 – 6 Rock to left side, recover onto right
7 – 8 Step left next to right, hold

Section 5: Step, Drag, Step x 2

1 – 4 Large step to right, drag left foot next to right for 2 counts, step left next to right
5 – 8 Large step to right, drag left foot next to right for 2 counts, step left next to right.

Section 6: Chasse, Back Rock, Pivot turn x 2

1 & 2 Step left to left side, right next to left, left to left side.
3 – 4 Rock back on right foot recover on to left.
5 – 6 Step forward on right ½ to left on right
7 -8 Step forward on right foot turn ½ left, weight ends on left

Begin again.