Gravy Train

拍數: 32

級數: Improver

編舞者: DJ Dan (NL) & Wynette Miller (NL) - January 2008

音樂: Gravy Train - Kimberly Kelly

Start on main vocals after the words I'm on... (29 sec)

Shuffle Forward, Rock Step Forward; Full Triple Turn, Rock Step Forward

- 1&2 Shuffle forward stepping Right, Left, Right.
- 3-4 Rock Left forward. Recover onto Right.
- 5&6 Full triple turn left stepping Left, Right, Left. [12]
- 7-8 Rock Right forward. Recover onto Left.
- Option 5&6 Left Coaster Step.

Step Back, Tap X4; Rock Step Back, Step-1/4 Pivot Turn

- &1 Step Right back. Tap Left in front of Right.
- &2 Step Left back. Tap Right in front of Left.
- &3 Step Right back. Tap Left in front of Right.
- &4 Step Left back. Tap Right in front of Left.
- 5-6 Rock Right back. Recover onto Left.
- 7-8 Step Right forward. Pivot 1/4 turn left [9] (Restart on wall 3)

Stomp Up-Diagonal Kick, Behind-Side-Cross; Stomp Up-Diagonal Kick, Behind-Side-Cross

- 1-2 Stomp Right next to Left. Kick Right forward on right diagonal.
- 3&4 Cross Right behind Left. Step Left to left side. Cross Right over Left.
- 5-6 Stomp Left next to Right. Kick Left forward on left diagonal.
- 7&8 Cross Left behind Right. Step Right to right side. Cross Left over Right.

Side Rock, Cross Shuffle; Side Rock, Sailor Step 1/2 Turn

- 1-2 Rock Right to right side. Recover onto Left.
- 3&4 Cross Right over Left. Step Left to left side. Cross Right over Left.
- 5-6 Rock Left to left side. Recover onto Right.
- 7&8 Cross Left behind Right 1/4 turn left. Step Right 1/4 turn left. Step Left slightly forward [3]

Begin again.

RESTART on wall 3: Dance the first 16 counts, then restart dance from the beginning.





牆數:4

b: 4