

# No One

拍數: 64      牆數: 2      級數: Improver  
編舞者: Christa Klaasenbos (NL) - January 2008  
音樂: No One - Alicia Keys : (CD: As I Am)



## SIDE STEP, LOCK STEP BACK

1-2      Right foot step right, left foot step together  
3&4      Right foot lock step back  
5-6      Left foot step left, right foot step together  
7&8      Left foot lock step back

## ROCK STEPS, SHUFFLE ½ TURN

1-2      Right foot rock back, recover on left foot  
3&4      Right foot shuffle ½ turn left  
5-6      Left foot rock back, recover on right foot  
7&8      Left foot shuffle ½ turn right

## ROCK STEPS, SKATES, SHUFFLE, PIVOT

1-2      Right foot rock back, recover on left foot  
3-4      Right foot skate right, left foot skate left  
5&6      Right foot shuffle forward  
7-8      Left foot ½ pivot right

## SKATE, SHUFFLE, PIVOT, CROSS SHUFFLE

1-2      Left foot skate left, right foot skate right  
3&4      Left foot shuffle forward  
5-6      Right foot ¼ rock left, recover on left foot  
7&8      Right foot cross shuffle

## ROCK STEPS, BEHIND, SIDE, CROSS

1-2      Left foot rock left, recover on right foot  
3&4      Left foot cross behind & over  
5-6      Right foot rock right, recover on left foot  
7&8      Right foot cross behind & over

## TURN ½ FLICK, SHUFFLE 2X

1-2      Left foot ½ turn right, flick left foot  
3&4      Left foot shuffle forward  
5-6      Right foot ½ turn left, flick right foot  
7&8      Right foot shuffle forward

## ROCK ¼ STEP, CROSS SHUFFLE, ROCK STEP

1-2      Left foot rock right, recover on left foot  
3&4      Left foot cross shuffle  
5-6      Right foot rock right, recover on left foot  
7&8      Right foot cross shuffle

## JAZZ BOX, PIVOT, SHUFFLE

1-3      Left foot ½ jazz box left  
5-6      Left foot ½ turn right  
7&8      Left foot shuffle forward

**REPEAT**

**TAG: After count 48 of wall 2**

1-2                    Left foot  $\frac{1}{4}$  right, right foot touch behind left foot

**Then restart from count 1**

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