

# Beauty And The Beat

COPPER KNOB  
STEPPERS

拍數: 64      牆數: 4      級數: Beginner  
編舞者: Alison Metelnick (UK) - December 2007  
音樂: You Are So Beautiful - Mark Medlock : (CD: Mr Lonely)



(Start on verse vocals, 32 counts after the heavy beat kicks in)

## R side, L together, R side shuffle, L cross rock & recover, L side shuffle with ¼ L

1-2            Step R side, step L together  
3&4           Step R side, step L together, step R side  
5-6           Cross rock L over R, recover weight on R  
7&8           Step L side, step R together, turning ¼ left step L forward

## R & L fwd struts, R fwd rock & recover, R coaster cross

1-4           Touch R fwd, step R heel down, touch L fwd, step L heel down  
(Option: turn full turn L on struts)  
5-6           Rock R forward, recover weight on L  
7&8           Step R back, step L together, cross step R over L

## L side, R together, L side shuffle, R cross rock & recover, R side shuffle with ¼ R

1-2           Step L side, step R together  
3&4           Step L side, step R together, step L side  
5-6           Cross rock R over L, recover weight on L  
7&8           Step R side, step L together, turning ¼ right step R forward (12 o'clock)

## L & R fwd struts, L fwd rock & recover, L coaster cross

1-4           Touch L forward, step L heel down, touch R forward, step R heel down  
(Option: turn full turn R on struts)  
5-6           Rock L forward, recover weight on R  
7&8           Step L back, step R together, cross step L over R

## ¼ R monterey, L side shuffle, R back rock & recover

1-2           Touch R toes to R side, turning ¼ right step R together  
3-4           Touch L toes to L side, touch L toes together  
5&6           Step L side, step R together, step L side  
7-8           Rock R back, recover weight on L

## Grapevine R with ½ R & scuff, L side shuffle, R back rock & recover

1-2           Step R side, cross step L behind  
3-4           Turning ¼ right step R forward, turning ¼ R on R scuff L forward  
5&6           Step L side, step R together, step L side  
7-8           Rock R back, recover weight on L

## Alternative steps for counts 3-6

3&4           Turning ¼ right shuffle forward  
5&6           Turning ¼ right side shuffle left

## ¼ R monterey, L side shuffle, R back rock & recover

1-3           Touch R toes to R side, turning ¼ right step R together  
3-5           Touch L toes to L side, touch L toes together  
5&6           Step L side, step R together, step L side  
7-9           Rock R back, recover weight on L

## Weave R 2, ¼ R & fwd shuffle, L fwd rock & recover, L coaster cross

1-2 Step R side, cross L behind R  
3&4 Turning  $\frac{1}{4}$  right step R forward, step L together, step R forward  
5-6 Rock L forward, recover weight on R  
7&8 Step L back, step R together, cross step L over R

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