

# Damaged

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Alan Spence (UK) - January 2008  
音樂: Damaged - Shayne Ward



## STEP, ¼ TURN STEP, TOUCH, TOUCH, SIDE STEP, DRAG, TOUCH, STEP CROSS, ¼ TURN ROCK RECOVER

- 1-2      Step right foot forward, make sharp ¼ turn left stepping left forward. (9:00)
- 3&4      Touch right beside left, touch right slightly to the right, step long step to right side
- 5-6      Slowly drag left to touch beside right
- &7&8      Put weight on left, cross right over left, make ¼ turn left rocking to left side, recover onto right side. (6:00)

## BACK ROCK, KICK BALL CROSS, ¼ TURN, HEEL, TOGETHER, TOUCH, ¼ TURN, HEEL, TOGETHER, STEP FORWARD

- 1-2      Rock left back behind right, recover on to right
- 3&4      Kick left to left diagonal, step left beside right, cross right over left
- &5&6      Make ¼ turn right stepping left back, dig right heel forward, step right beside left, touch left to left side
- &7&8      Make ¼ turn right stepping left back, dig right heel forward, step right beside left, step left forward. (12:00)

Restart here on walls 2 and 4

## SWAY FORWARD BACK, ¼ TURN CHASSE, TOUCH, SIDE, HEEL, TOGETHER, CROSS, UNWIND ½ WITH 2 BOUNCES

- 1-2      Step right forward swaying forward as you do so, sway back onto left
- 3&4      Make ¼ turn right stepping right to side, step left beside right, step right to side. (3:00)
- 5&6&      Touch left behind right, step left to left side, dig right heel to right diagonal, step right beside left
- 7&8      Cross left over right, unwind ½ turn right by bouncing two ¼ turns keeping weight left back (9:00)

## TOUCH BACK, ½ TURN, TRIPLE STEP ½ TURN, COASTER STEP KICK, SYNCOPATED JAZZ BOX ¼ TURN KICK

- 1-2      Touch right back, make ½ turn right
- 3&4      Triple step half turn right stepping left, right, left
- 5&6&      Step back on to right, step left beside right, step forward on to right, low kick forward with left
- 7&8&      Cross left over right, step back on to right, make ¼ turn left stepping left to side, low kick forward with right

REPEAT

RESTART: Dance first 2 sections (16 counts) on walls 2 and 4, then restart dance from beginning