

Hello, Goodbye

拍數: 32 牆數: 4 級數: Beginner
編舞者: Arne Stakkestad (BEL) - January 2008
音樂: Born to Be Alive - Patrick Hernandez



Intro: start dance after 32 counts intro

Right shuffle forward, ½ turn left and left shuffle forward, Heel step right, heel step left, step back, step together

1&2 Step Right forward, Left beside Right, Right forward
&3&4 ½ left and Left forward, Right beside Left, Left forward (6h)
5-6 Right diagonal right forward on heel, Left diagonal forward on heel
7-8 Right step back, Left beside Right

Right shuffle forward, ½ turn left and left shuffle forward, Right forward and bumps, left forward and bumps

1&2 Step Right forward, Left beside Right, Right forward
&3&4 ½ left and Left forward, Right beside Left, Left forward (12h)
5&6 Right forward and bump hips right, left, right
7&8 Left forward and bump hips left, right, left

Right side toe strut, left side toe strut, cross toe strut, ½ left and left side toe strut

1-2 Right touch toe to side, heel down and click fingers right
3-4 Left touch toe to side, heel down and click fingers left
5-6 Right cross touch over Left, heel down and click fingers right
&7-8 ½ left and Left touch toe to side, heel down and click fingers left (6h)

¼ pivot, full turn, touch forward, step back, touch back, step forward

1-2 Right step forward, 1/ 4 left and weight on Left
3-4 ½ left and Right back, ½ left and Left forward
5-6 Right sweep and touch forward, Right sweep and step back
7-8 Left sweep and touch back, Left sweep and step forward (3h)

Begin again.
