

That's My Philosophy

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mikael Mölsä (FIN) - January 2008
音樂: Rubberneckin' - Elvis Presley : (CD: Something For Everyone)



Starting point: At vocals, at about 0:07.

STEP, HOLD, KNEE IN, RONDE, ¼ RIGHT TURNING SAILOR STEP, ¼ RIGHT TURNING PIVOT

- 1-2 Step left forward, hold
3-4 Touch right toe next to left and bring right knee in, kick right to right diagonal while doing a ronde from front to back
5&6 Step right behind left, step left next to right, turn ¼ to right and step right forward
7-8 Step left forward, turn ¼ to right

ZIG-ZAG BACK, ROCK STEP

- 1-2 Step left foot back left diagonal, touch right next to left
3-4 Step right foot back right diagonal, touch left next to right
5-6 Step left foot back left diagonal, touch right next to left
7-8 Rock right back, recover weight back to left

Note: Add a little style to the steps - Elvis style!

SYNCOPATED ½ TURN TO LEFT, KICK BALL CHANGE, SYNCOPATED ½ TURN TO LEFT, KICK BALL CHANGE

- 1&2 Step right forward, turn ½ to left, step right forward
3&4 Kick left foot forward, step left next to right, step right next to left
5&6 Step left forward, turn ½ to right, step left forward
7&8 Kick right foot forward, step right next to left, step left next to right

SHUFFLE FORWARD, STEP FORWARD, 1 ¼ SPIN TO RIGHT, STEP ACROSS, SIDE SHUFFLE, ROCK BACK

- 1&2 Step right forward, step left next to right, step right forward
3-4 Step left forward, begin the 1 ¼ spin to right by lifting right foot in the air
5 Finish the 1 ¼ spin to right by stepping right across left
6&7 Step left to side, step right next to left, step left to side
8 Rock right back

Note: The recovery step to the rock step is the count 1 of the dance.

REPEAT