Apologize



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Josefin Blomkvist (SWE) - December 2007 音樂: Apologize (feat. OneRepublic) - Timbaland



Intro: 16 counts.

Cross.	full	turn.	sweep,	wave.	rock.	basic

8&1	Cross Rf over L, full turn to L, sweep Lf from front to back
2&3	Step Lf behind R, step Rf to R side, cross Lf in front of Rf

4&5 Rock Rf on R diagonally forward (1:30), recover on Lf, turn ½ turn to R (3:00), step Rf to R

side

6&7 Rock Lf behind R, recover on Rf, step Lf to L side

Back, hip sways, turn, forward

8&1	Turn 1/8 turn to R (4:30) and step back on Rf then Lf, turn 1/8 turn to	R (6:00) and step Rf to
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R and do a hip sway to R

2&3 Sway hips to L-R, turn ½ turn to L (3:00) and s weep Rf back to front

4&5 Cross Rf in front of L and turn ¼ turn to R (6:00), step Lf back and turn ¼ turn R (9:00), step

Rf forward

6-7 Step forward Lf-Rf

Rock, touch, turn 1/2, full turn, sailor step, side-cross, basic

8&1 Rock Lf forward, recover on Rf, touch Lf back

2&3 Turn ½ turn to L (3:00 weight on Lf), full turn to R (3:00 weight on Lf), sweep Rf front to back

4&5 Cross Rf behind L, step Lf to L side, step Rf to R side turn ½ turn to L

6&7 Step Lf to L side, cross Rf in front of L, step Lf to L side

Restart: 2nd wall (face 6:00) 8&1 cross right in front of L

End basic, forward, touch, turn, step turn

8&1 Rock Rf behind L, recover on Lf, step Rf diagonally forward

2&3 Step Lf diagonally forward (10:30), touch R toe on the back of the knee, turn 1/8 turn to L and

step Rf backwards (face 9:00)

4&5 Turn ½ turn to L and step Lf forward, turn ½ turn to L and step Rf back, turn ½ turn to L and

step Lf forward (face 3:00)

6-7 Step Rf forward, turn ½ turn to L, end with the weight on Lf (face 9:00)

Begin again.

Tag: after 4th wall:

1-2 Step Rf to R side and sway hips to R, sway hips to L (weight back to Lf; face 12:00)