

Mini Boom

拍數: 24 牆數: 4 級數: Beginner
編舞者: Violet Ray (USA) - December 2007
音樂: Boom-a-Chick-Chick - Bobby Lewis



This is an easy beginner dance to "Boom A Chick Chick" for beginners so that my dance, Chick A Boom, can be done as a floor splitter for all levels of dancers.

WEAVE, ROCK, RECOVER

1 - 2 Step R foot to right side, Cross L foot behind R foot
3 - 4 Step R foot to right side, Cross L foot over R foot
5 - 6 Step R foot to right side, Cross L foot behind R foot
7 - 8 Rock R foot out to right side, Recover weight on L foot

WEAVE, 1/4 PIVOT TURN

1 - 2 Cross R foot over L foot, Step L foot to left side
3 - 4 Cross R foot behind L foot, Step L foot to left side
5 - 6 Cross R foot over L foot, Step L foot to left side
7 - 8 Step R foot forward, Pivot turn 1/4 left ending with weight on L foot (9:00)

STEP, POINT, TOGETHER, POINT TOGETHER, TOE-HEEL STRUTS (2X)

1 - 2 Step R foot next to L foot, Point L foot to left side
3 - 4 Step L foot next to R foot, Point R foot to right side
5 - 6 Touch ball of R foot forward, Press R heel down
7 - 8 Touch ball of L foot forward, Press L heel down

BEGIN AGAIN

TAG: There is a 4 count tag after the 6th & 12th repetition of the dance. Do the following:

1 - 2 Swing hips to the right, Swing hips to the left
3 - 4 Swing hips to the right, Swing hips to the left

[Optional hand movements while executing "the twist" - Swing both hands to the R,L,R,L]
