

A Rose

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Andy Chumbley (USA) - November 2007
音樂: The Rose - LeAnn Rimes : (Album: You Light Up My Life)



Intro: 8 counts - start on the word "Love"

(1-8) ROCK RECOVER CROSS, 3/4 TURN RIGHT, SIDE SUFFLE, BEHIND SIDE CROSS

1&2 Rock right to right, step left slightly back, cross right over left
3&4 1/4 turn right stepping back on left, 1/2 turn right stepping forward on right, step forward on left
5&6 Step right to right, step left next to right, step right to right
7&8 Step left behind right, step right to right, cross left over right (9:00)

(9-16) BEHIND SIDE CROSS, 1/4 TURN LEFT, FULL TURN LEFT, FORWARD SHUFFLE

1&2 Rock right to right, step left slightly back, cross right over left
3&4 Step left to left, step right behind left, 1/4 turn left stepping forward on left
5&6 1/2 turn left stepping back on right, 1/2 turn left stepping forward on left, step forward on right
7&8 Step forward on left, step right next to left, step forward on left (6:00)

(17-24) LEFT BACK LOCKSTEP, RIGHT BACK LOCKSTEP, SIDE ROCK CROSS, 3/4 TURN RIGHT

1&2 Cross right over left, step left back to a left diagonal, cross right over left
3&4 Step left back to a left diagonal, step right back to a right diagonal, cross left over right
5&6 Step right to right, step left slightly back, cross right over left
7&8 1/4 turn right stepping back on left, 1/4 turn right stepping right to right, 1/4 turn right stepping forward on left (3:00)

(25-32) ROCKING CHAIR, COASTER CROSS, 1/2 TURN LEFT, ROCKING CHAIR

1&2 Rock forward on right, recover on left, rock back on right
3&4 Step back on left, step right next to left, cross left over right
5&6 1/4 turn left stepping back on right, 1/4 turn left stepping forward on left, step forward on right
7&8 Rock forward on left, recover on right, step back on left (9:00)

Repeat

TAG: At the END of walls 2 & 4: Add 4 counts - right, left, right, left sways

Optional Ending:

For a nice ending change counts 3&4 of the first section to a 1/4 turn right, 1/4 turn right (not 1/2) which will put you facing the front wall.

Touch left toe behind right foot and turn palms to the front with arms slightly away from the body.