

# May I Shake It?

拍數: 64      牆數: 4      級數: Improver  
編舞者: Leah May (CAN) - November 2007  
音樂: The Shake - Neal McCoy



## Start on vocals

### Shuffle forward Rock Step, Shuffle back Rock Step

1&2      Shuffle forward right foot  
3-4      Rock step forward onto left foot rock back onto right foot  
5&6      Shuffle backwards with left foot  
7-8      Rock step back onto right foot rock back onto left foot

### Shuffle forward pivot 1/2 turn, toe struts

1&2      Shuffle forward right foot  
3-4      Left foot pivot 1/2 turn over right shoulder  
5-8      Toe struts left and right, use your hips here

### Shuffle forward Rock Step, Shuffle back Rock Step

1&2      Shuffle forward left foot  
3-4      Rock step forward onto right foot rock back onto left foot  
5&6      Shuffle backwards with right foot  
7-8      Rock step back onto left foot rock back onto right foot

### Shuffle forward pivot 1/2 turn, toe struts

1&2      Shuffle forward left foot  
3-4      Right foot pivot 1/2 turn over left shoulder  
5-8      Toe struts right and left, use your hips here

### Double heel, double toe, heel, toe, step, stomp clap

1-4      Right foot, double heel tap, double toe taps  
5-8      Right foot Heel, toe, step to the right and stomp left foot beside right clap

### Double heel, double toe, heel, toe, step, stomp clap

1-4      Right foot, double heel tap, double toe taps  
5-8      Right foot Heel, toe, step to the right and stomp left foot beside right clap

### Grapevine Right, double hip bumps left and right

1-4      Grapevine right  
5-8      Double hip bump left and right

### Grapevine Left 1/4 turn, double hip bumps Right and Left

1-4      Grapevine left 1/4 turn over left shoulder  
5-8      Double hip bump right and left

Begin again.

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