Road To Nowhere



拍數: 24 牆數: 4 級數: Intermediate

編舞者: Claire Pulpher (UK) - December 2007 音樂: Chasing Pavements - Adele : (CD single)



Intro: 38 counts - begin when the heavy beat kicks in

1	Take big step back on right whilst dragging left in
2&3	Step left foot back, step right forwards making 1/2 turn right (6) press forwards on to left foot
(styling this is almost a hesitation - use arm if you wish as if reaching for something)	
4&	Recover back on to right, hitch left slightly in front of right leg
5	Step left foot forwards whilst sweeping right around to make 1/4 turn left (3)
6&7	Cross right over left, step left back making 1/4 turn right (6), step right to right side making 1/4 turn right (9)
8&	Step forwards on left, touch right toe behind
1&	Step back on right, hook left slightly across right
2&	Step forwards on left and make 1/2 turn over left shoulder on left foot keeping right next to left
20	but with no weight on it (3)
3&4	Cross right foot over left, step left to left side, cross right foot over left
5	Step left foot forwards making 1/4 turn left (12)
6&	Step right to right side swaying hips right, sway hips left
7-8&	Take big step to right side, step left in place, cross right slightly over left
1-2&	Take big step to left side, step right in place, cross left slightly over right
3	Step right forwards making 1/4 turn right (3)
4&5	Rock left to left side, recover onto right, cross left over right
&6&	Step right foot back making 1/4 turn left (12) step left to left side, cross right foot over left
7-8	Step left foot forwards making 1/4 turn left (9) make 1/2 turn left on ball of left foot and touch right in place

Begin again.