

Road To Nowhere

COPPER KNOB
STEPSHETS

拍數: 24 牆數: 4 級數: Intermediate
編舞者: Claire Pulpher (UK) - December 2007
音樂: Chasing Pavements - Adele : (CD single)



Intro: 38 counts - begin when the heavy beat kicks in

- 1 Take big step back on right whilst dragging left in
2&3 Step left foot back, step right forwards making 1/2 turn right (6) press forwards on to left foot
(styling this is almost a hesitation - use arm if you wish as if reaching for something)
4& Recover back on to right, hitch left slightly in front of right leg
5 Step left foot forwards whilst sweeping right around to make 1/4 turn left (3)
6&7 Cross right over left, step left back making 1/4 turn right (6), step right to right side making 1/4
turn right (9)
8& Step forwards on left, touch right toe behind
- 1& Step back on right, hook left slightly across right
2& Step forwards on left and make 1/2 turn over left shoulder on left foot keeping right next to left
but with no weight on it (3)
3&4 Cross right foot over left, step left to left side, cross right foot over left
5 Step left foot forwards making 1/4 turn left (12)
6& Step right to right side swaying hips right, sway hips left
7-8& Take big step to right side, step left in place, cross right slightly over left
- 1-2& Take big step to left side, step right in place, cross left slightly over right
3 Step right forwards making 1/4 turn right (3)
4&5 Rock left to left side, recover onto right, cross left over right
&6& Step right foot back making 1/4 turn left (12) step left to left side, cross right foot over left
7-8 Step left foot forwards making 1/4 turn left (9) make 1/2 turn left on ball of left foot and touch
right in place

Begin again.
