Mansion On The Hill

級數: Improver

編舞者: Kirsi-Marja Vinberg (FIN) - December 2007

音樂: Mansion on the Hill - Cerrito : (CD: They Know You're Gone)

Or Music:

Dolly Parton: Behind Closed Doors Verlon Thompson: Slow Goodbye. African Tango (Non country) by Adiemus

拍數: 32

STEP, HOLD, 3 STEPS, HOLD, PIVOT TURN

- 1-2 step left forward, hold
- 3-6 step forward right, left, right, hold
- 7-8 step left forward, turn 1/2 right, change your weight to the right foot

STEP FORWARD, TOUCH RIGHT TOE TO SIDE/ALTERNATIVE SPIRAL TURN, STEP FORWARD 2 STEPS, TOUCH RIGHT TOE TO SIDE, HOLD

step left forward, Hold 1-2

Intermediate:

- step left forward, turn around to right with your left foot and the right foot stays hooked across 1-2 left foot in the end of the turn
- 3-6 step forward right, left, touch right toe to side, Hold

CROSS UNWIND AROUND WITH SWEEP FORWARD/ ALTERNATIVE BEGINNER: TOUCH TOGETHER. TO SIDE

Intermediate:

7-8 step right across the left, unwind around (6:00), sweep right foot from back to front in the end of the turn

Beginner:

7-8 touch right together, right toe to side

CROSS STEP, HOLD, STEP TO SIDE, STEP BEHIND AND ACROSS, STEP TO SIDE, SWEEP WITH RIGHT AND TURN WITH LEFT FOOT ¼ L, STEP ACROSS, STEP TO SIDE

- 1-2 step right across left, Hold
- 3-6 step left to side, right behind and across left, step left to side, turn 1/4 left with the left foot, right foot sweeps from right side to the left side(across but not behind!)
- 7-8 step right cross left, step left to side

STEP R BEHIND AND ACROSS L. TURN 1/4 L WITH SWEEP

1-2 step right behind and across left, turn 1/4 left with right foot and sweep left from right to left (across right)

STEP L TO SIDE, STEP R ACROSS LEFT, TOUCH L TO SIDE, HOLD, CROSS UNWIND 3/ R/ BEGINNER ALTERNATIVE: STEP TOGETHER, TURN ¼ L, STEP IN PLACE

- 3-6 Step left to side, step right across left, touch left to left side, hold
- 7-8 step left across right, unwind 3/4 right, change weight to the right foot

Beginner:

7-8 step left together and turn 1/4 left, step right in place

REPEAT.





牆數: 4