

One Woman Man

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Kevin Smith (AUS) & Maria Smith (AUS) - November 2007
音樂: One Woman Man - Josh Turner



RIGHT HEEL, LEFT HEEL, RIGHT HEEL, HOLD, REPEAT

1&2&3-4 Right heel forward, step right next left, left heel forward, step left next right, right heel forward, hold
& Step right next to left
5&6&7-8 Left heel forward, step left next right, right heel forward, step right next left, left heel forward, hold

STEP DRAG, ROCK BACK, STEP DRAG, ROCK BACK

1-2-3-4 Big step left step left, drag right to left, rock back right, take weight left
5-6-7-8 Big step right step right, drag left to right, rock back left, take weight right

SIDE SHUFFLE, ROCK BACK, FORWARD, SIDE SHUFFLE, ½ TURN

1&2-3-4 Side shuffle left stepping left, right, left, rock back right, take weight left
5&6-7-8 Side shuffle right stepping right, left, right ½ turn left step left to side, touch right next left

RIGHT KICK BALL CHANGE TWICE, PIVOT ½ TURN, STEP FORWARD, TOUCH

1&2-3&4 Right kick ball change twice
5-6-7-8 Step forward right, ½ pivot turn left, step forward right, touch left next right

Both restarts here changing counts 7-8 to step forward right, step forward left

LEFT KICK BALL CHANGE TWICE, PIVOT ½ TURN, STEP TOUCH

1&2-3-4 L Left kick ball change twice
5-6-7-8 S Step forward left, ½ pivot turn right, step forward left, touch right next left

KICK FORWARD, SIDE, SAILOR STEP, KICK LEFT FORWARD, SIDE, ¼ TURN SAILOR STEP

1-2&3&4 Kick right forward, to the side, right sailor step right, left, right
5-6-7&8 Kick left forward, to the side, left sailor ¼ turn left, left, right, left

STEP FORWARD, ½ PIVOT TURN, CROSS, TOUCH, STEP, TOUCH, BEHIND SLAP, TOUCH

1-2-3-4 Step forward right, ½ pivot turn left, cross right over left, touch left to side
5-6-7-8 Step left forward, touch right to side, bring right foot up behind left knee and slap, touch right to side

ROCK FORWARD, BACK, ½ TURN SHUFFLE FORWARD, ¼ TURN HIP, HIP, BEHIND & CROSS, STEP FORWARD

1-2-3&4 Rock forward right, take weight left, ½ turn right shuffle forward right, left, right
5-6 ¼ turn right step left to side (pushing hip to side) push right hip to right
7&8 Step left behind right, step right to side, step forward left

Begin again.

RESTART

Restart after 32 counts on walls 2 and 4

ENDING

Finish dance to front on kick left forward, side, on the spot.