

# One Woman Man

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Improver  
編舞者: Kevin Smith (AUS) & Maria Smith (AUS) - November 2007  
音樂: One Woman Man - Josh Turner



## RIGHT HEEL, LEFT HEEL, RIGHT HEEL, HOLD, REPEAT

1&2&3-4      Right heel forward, step right next left, left heel forward, step left next right, right heel forward, hold  
&      Step right next to left  
5&6&7-8      Left heel forward, step left next right, right heel forward, step right next left, left heel forward, hold

## STEP DRAG, ROCK BACK, STEP DRAG, ROCK BACK

1-2-3-4      Big step left step left, drag right to left, rock back right, take weight left  
5-6-7-8      Big step right step right, drag left to right, rock back left, take weight right

## SIDE SHUFFLE, ROCK BACK, FORWARD, SIDE SHUFFLE, ½ TURN

1&2-3-4      Side shuffle left stepping left, right, left, rock back right, take weight left  
5&6-7-8      Side shuffle right stepping right, left, right ½ turn left step left to side, touch right next left

## RIGHT KICK BALL CHANGE TWICE, PIVOT ½ TURN, STEP FORWARD, TOUCH

1&2-3&4      Right kick ball change twice  
5-6-7-8      Step forward right, ½ pivot turn left, step forward right, touch left next right

**Both restarts here changing counts 7-8 to step forward right, step forward left**

## LEFT KICK BALL CHANGE TWICE, PIVOT ½ TURN, STEP TOUCH

1&2-3-4 L      Left kick ball change twice  
5-6-7-8 S      Step forward left, ½ pivot turn right, step forward left, touch right next left

## KICK FORWARD, SIDE, SAILOR STEP, KICK LEFT FORWARD, SIDE, ¼ TURN SAILOR STEP

1-2&3&4      Kick right forward, to the side, right sailor step right, left, right  
5-6-7&8      Kick left forward, to the side, left sailor ¼ turn left, left, right, left

## STEP FORWARD, ½ PIVOT TURN, CROSS, TOUCH, STEP, TOUCH, BEHIND SLAP, TOUCH

1-2-3-4      Step forward right, ½ pivot turn left, cross right over left, touch left to side  
5-6-7-8      Step left forward, touch right to side, bring right foot up behind left knee and slap, touch right to side

## ROCK FORWARD, BACK, ½ TURN SHUFFLE FORWARD, ¼ TURN HIP, HIP, BEHIND & CROSS, STEP FORWARD

1-2-3&4      Rock forward right, take weight left, ½ turn right shuffle forward right, left, right  
5-6      ¼ turn right step left to side (pushing hip to side) push right hip to right  
7&8      Step left behind right, step right to side, step forward left

**Begin again.**

## RESTART

**Restart after 32 counts on walls 2 and 4**

## ENDING

**Finish dance to front on kick left forward, side, on the spot.**