

Hold On

拍數: 32 牆數: 4 級數: Improver
編舞者: Jessica McKinney - December 2007
音樂: Hold On - KT Tunstall



Start on Vocals

Or Music: Into The Night by Santana

Fwd Mambo, Coaster Step, R Side Together, R Side Shuffle

1&2 Rock R Fwd, Recover L, Step R Home,
3&4 Step L Back, Step R Back, Step L Fwd
5-6 Step R to R Side, Step Together with L,
7&8 Step R to R Side, Step Together with L, Step R to R Side,

L Sailor, Weave with ¼ turn L, Touch, Shuffle Back

1&2 Cross L Behind R, Step R to R Side, Step L to L Side,
&3&4 Cross R Behind L, Step L to L Side, Cross R over L, Step L to L Side,
&5-6 Cross R Behind L, Step L with ¼ Turn L, Touch R Toe to L Heel,
7&8 Step Back R, Step Together L, Step Back R,

L Coaster Step, Cross, Back, Heel Jacks

1&2 Step Back L, Step Back R, Step Fwd L,
3-4 Cross R over L, Step Back L,
&5&6 Step Back R, Cross L over R, Step Back R at an angle, Dig L heel Fwd at an angle,
&7&8 Step Back L, Cross R over L, Step Back L at an angle, Dig R heel Fwd at an angle,

Touch R behind, Unwind ½ R, Hip Bumps, V-Block Step with Claps

1-2 Touch R toe Behind L Heel, Unwind ½ R with weight ending on R,
3&4 Bump Hips to L, Bump Hips to R, Bump Hips to L,
5& Step R Diagonally Fwd, Clap,
6& Step L Diagonally Fwd, Clap,
7& Step R Home, Clap,
8& Step L Home, Clap,

Begin again
