Holiday Cheer

拍數: 32

級數: Beginner

編舞者: Gail Allen - December 2007

音樂: Marshmallow World - Dean Martin

Start on vocals

Or Music: Winter Wonderland- Brad Paisley, Trick Pony Let it Snow- Michael Buble

VINE RIGHT, TOUCH; VINE LEFT TOUCH

- 1-4 Vine to the right, touch left next to right
- 5-8 Vine to the left, touch right next to left

*alternate move is a full turn to the right and full turn to the left

PADDLE STEPS TURNING HALF TURN LEFT

1-8 Keeping weight on left, paddle with right foot 1/8 turn 4x To left making a half turn *alternate move is step right, pivot half left; step right, pivot half left 2 paddles to left completing 1 ½ turn left

KICK RIGHT TWICE, STEP, TOUCH; KICK LEFT TWICE, STEP, TOUCH

- 1-4 Kick right foot forward and diagonally across left 2x, step right touch left
- 5-8 Kick left foot 2x across right Step left touch right

STEP LOCK STEP BRUSH, STEP LOCK STEP BRUSH ¼ TURN LEFT

- 1-4 Step Right forward, lock left behind, step right forward brush left
- 5-8 Step left forward, lock right behind step left forward quarter turn left Brush right

BEGIN AGAIN!

I choreographed this while listening to Marshmallow world by Dean Martin.

I had knee surgery and had been unable to dance.

This dance has some basic steps for those recuperating and is easy enough for those just learning.





牆數:4