Foolosophy



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Deron Pardue - November 2007

音樂: Love Foolosophy - Jamiroquai: (CD: High Times)



STEP, ½ PIVOT, COASTER STEP, HITCH TOUCH, HITCH TOUCH, TAPS/TURN

1	Ston	riaht	foot	forward
- 1	Sieu	Hanı	IOOL	ioiwaiu

2 Pivot ½ turn left on the balls of both feet ending with the weight on the right (6:00)

3&4 Step left foot back, step right next to left, step left foot forward

&5 Slightly hitch right leg, touch right toe to right side &6 Slightly hitch right leg, touch right toe behind left foot

7&-8 Pivot ¼ turn right gradually on the ball of the left foot while tapping right toe three times (7&8)

The right toe that was touching behind will end up pointed to right side; therefore, the right toe should move a little farther away from the left foot with each touch so that the right toe actually points out to the right on count 8. [End facing 9:00]

CROSS, SIDE ROCK, RECOVER, BEHIND-SIDE-CROSS, STEP, DRAG, JAZZ BOX

1-2 Cross right over left, rock left to left side

3 Recover on right

4&5 Cross left behind right, step right to right side, cross left over right

6-7 Big step right to right side, drag left foot toward right foot &8& Cross left over right, step right foot back, step left to left side

CROSS POINTS, TURNS WITH HIP ROLLS/GRINDS

1-2	Cross right over left, touch left to left side
3-4	Cross left over right, touch right to right side

Cross right over left, ¼ turn left on the balls of the feet transferring weight to left (end at 6:00)

Cross right over left, ¼ turn left on the balls of the feet transferring weight to left (end at 3:00)

Styling: for counts 5-6, grind or roll hips to the left as you turn. Repeat same motion for counts 7-8

ROCK RECOVER, COASTER STEP, STEP, ½ TURN, COASTER STEP

1-2 Rock right foot forward, recover on left

3&4 Step right foot back, step left next to right, step right foot forward

5-6 Step forward left, ½ turn to the left (spinning on ball of left) stepping right back. (9:00)

7&8 Step left foot back, step right next to left, step left foot forward

REPEAT