

Foolosophy

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Deron Pardue - November 2007
音樂: Love Foolosophy - Jamiroquai : (CD: High Times)



STEP, ½ PIVOT, COASTER STEP, HITCH TOUCH, HITCH TOUCH, TAPS/TURN

- 1 Step right foot forward
- 2 Pivot ½ turn left on the balls of both feet ending with the weight on the right (6:00)
- 3&4 Step left foot back, step right next to left, step left foot forward
- &5 Slightly hitch right leg, touch right toe to right side
- &6 Slightly hitch right leg, touch right toe behind left foot
- 7&-8 Pivot ¼ turn right gradually on the ball of the left foot while tapping right toe three times (7&8)
The right toe that was touching behind will end up pointed to right side; therefore, the right toe should move a little farther away from the left foot with each touch so that the right toe actually points out to the right on count 8. [End facing 9:00]

CROSS, SIDE ROCK, RECOVER, BEHIND-SIDE-CROSS, STEP, DRAG, JAZZ BOX

- 1-2 Cross right over left, rock left to left side
- 3 Recover on right
- 4&5 Cross left behind right, step right to right side, cross left over right
- 6-7 Big step right to right side, drag left foot toward right foot
- &8& Cross left over right, step right foot back, step left to left side

CROSS POINTS, TURNS WITH HIP ROLLS/GRINDS

- 1-2 Cross right over left, touch left to left side
- 3-4 Cross left over right, touch right to right side
- 5-6 Cross right over left, ¼ turn left on the balls of the feet transferring weight to left (end at 6:00)
- 7-8 Cross right over left, ¼ turn left on the balls of the feet transferring weight to left (end at 3:00)

Styling: for counts 5- 6, grind or roll hips to the left as you turn. Repeat same motion for counts 7-8

ROCK RECOVER, COASTER STEP, STEP, ½ TURN, COASTER STEP

- 1-2 Rock right foot forward, recover on left
- 3&4 Step right foot back, step left next to right, step right foot forward
- 5-6 Step forward left, ½ turn to the left (spinning on ball of left) stepping right back. (9:00)
- 7&8 Step left foot back, step right next to left, step left foot forward

REPEAT