Buddha's Daylight

拍數: 0

級數: Phrased

編舞者: Sebastiaan Holtland (NL) - December 2007

音樂: Buddha's Daylight - Haley Bennett

Start the dance to facing 12:00 the dance start on 10 sec

Sequence: A 2x B - A 2x B - A tag 2x B music ends

PART A = 40 COUNT

(1-8) SIDE STEP, CROSS, SIDE STEP, HITCH WITH 1/4 TURN, LOCK STEP FWD, 1/4 TURN, SIDE STEP, CROSS, SIDE STEP, HITCH WITH 1/4 TURN, LOCK STEP FWD

- 1&2& Step Rf to the right, step Lf across Rf, step Rf to the right, make a hitch with your L knee with 1/4 turn left weight onto Rf (9:00)
- 3&4 Step Lf forward, lock Rf behind Lf, step Lf forward weight onto Lf
- Make 1/4 left and step Rf to the right, step Lf across Rf, step Rf to the right, make a hitch with 5&6& your L knee weight onto Rf (3:00)
- 7&8 Step Lf forward, lock Rf behind Lf, step Lf forward weight onto Lf (3:00)

(9-16) SIDE STEP WITH 1/4 TURN, TOUCH, STEP WITH 1/4 TURN, TOUCH, SIDE STEP WITH 1/4 TURN, TOUCH. SIDE STEP. TOUCH

- 1-2 Step Rf to right with 1/4 turn left, touch Lf next Rf weight onto Rf (12:00)
- Step Lf forward with 1/4 turn left, touch Rf next to Lf weight onto Lf (9:00) 3-4
- 5-6 Step Rf to right with 1/4 turn left, touch Lf next to Rf weight onto Rf
- 7-8 Step Lf to the left, touch Rf next to Lf weight onto Lf (6:00)

(17-24) SIDE MAMBO RIGHT, TOGETHER, SIDE MAMBO LEFT, TOGETHER, KICK AND TOUCH FWD, 1/2 SWEEP TURN FWD, TOUCH

- 1&2 Step Rf to the right, recover on Lf, step Rf next to Lf take weight onto Rf (6:00)
- 3&4 Step Lf to the left, recover on Rf, step Lf next to Rf take weight onto Lf
- 5&6 Kick Rf forward, step Rf back in center, and touch Lf forward take weight onto Rf
- Take weight back onto Lf, and sweeping with your Rf from back to front with 1/2 turn left, and 7-8 touch Rf next to Lf holding weight onto Lf (12:00)

(25-32) KICK AND TOUCH FWD, 1/2 SWEEP TURN FWD, TOUCH, SIDE MAMBO RIGHT, SIDE MAMBO LEFT

- 1&2 Kick Rf forward, step Rf back in center, and touch Lf forward take weight onto Rf (6:00)
- Take weight back onto Lf, and sweeping with your Rf from back to front with 1/2 turn left, and 3-4 touch Rf next to Lf holding weight onto Lf (6:00)
- Step Rf to the right, recover on Lf, step Rf next to Lf take weight onto Rf 5&6
- Step Lf to the left, recover on Rf, step Lf next to Rf take weight onto Lf (6:00) 7&8

(&33-40) & CROSS, FULL SWEEP TURN, SAILOR CROSS, SIDE CHASSE, TRIPLE STEP FWD WITH 1/2 TURN

- &1-2 Step Rf across Lf weight onto both feet, Rf + Lf turning full left, and sweeping with your Lf from front to back weight onto Rf (6:00)
- 3&4 Step Lf Behind Rf, step Rf to the right, step Lf across Rf weight onto Rf
- 5&6 Step Rf to the right, close Lf next to Rf, step Rf to the right weight onto Rf (6:00)
- 7&8 Step Lf forward with 1/4 left, step Rf 1/8 forward left, step Lf 1/8 forward left weight onto Lf (12:00)





牆數: 0

(1-8) SIDE STEP WITH 1/4 TURN, TOUCH, STEP WITH ½ TURN, TOUCH, SIDE STEP, WITH 1/4 TURN, TOUCH, SIDE STEP, TOUCH

- 1-2 Step Rf to right with 1/4 turn left, touch Lf next Rf weight onto Rf (12:00)
- 3-4 Step Lf forward with 1/4 turn left, touch Rf next to Lf weight onto Lf (9:00)
- 5-6 Step Rf to right with 1/4 turn left, touch Lf next to Rf weight onto Rf
- 7-8 Step Lf to the left, touch Rf next to Lf weight onto Lf (6:00)

(9-16) SISSOR CROSS HOLD, SISSOR CROSS HOLD

- 1-2 Step Rf to the right, recover on Lf weight onto Lf (6:00)
- 3-4 Step Rf across Lf, take weight onto Rf, Hold
- 5&6 Step Lf to the left, recover on Rf weight onto Rf (6:00)
- 7-8 Step Lf across Rf, take weight onto Lf, Hold

(17-24) SIDE STEP, TOUCH, SIDE STEP, TOUCH, SIDE STEP WITH 1/4 TURN, TOUCH, SIDE STEP, TOUCH

- 1-2 Step Rf to the right, touch Lf next to Rf weight onto Rf (6:00)
- 3-4 Step Lf to the left, touch Rf next to Lf weight onto Lf
- 5-6 Step Rf to the right with 1/4 turn left, touch Lf next to Rf weight onto Rf (3:00)
- 7-8 Step Lf to the left, touch Rf next to Lf weight onto Lf

(25-32) SISSOR CROSS HOLD, ROCK & STEP FWD WITH 1/4 TURN HOLD

- 1-2 Step Rf to the right, recover on Lf weight onto Lf (3:00)
- 3-4 Step Rf across Lf, take weight onto Rf, Hold
- 5-6 Step Lf to the left, recover on Rf with 1/4 turn right (6:00)
- 7-8 Step Lf forward weight onto Lf, Hold (6:00)

(33-40) FWD ROCKING CHAIR RIGHT, HOLD, BACK ROCKING CHAIR LEFT, HOLD

- 1-2 Step Rf forward, recover on Lf (6:00)
- 3-4 Step Lf back, Hold weight onto Rf
- 5-6 Step Lf back, recover on Rf
- 7-8 Step Lf forward, Hold weight onto Lf (6:00)

(41-48) 1/4 TURN, MAMBO SIDE, TOGETHER, HOLD, MAMBO SIDE, TOGETHER, HOLD

- 1-2 Step Rf to the right with 1/4 turn left, recover on Lf,
- 3-4 step Rf next to Lf take weight onto Rf, Hold (3:00)
- 5-6 Step Lf to the left, recover on Rf,
- 7-8 step Lf next to Rf take weight onto Lf, Hold (3:00)

TAG: At 02:13 t/m 02:18, you hear in the music vocals she singing " oooh oooh" And you hear no beat anymore, after counts 21 t/m 28 you get the tag than.

SIDE CHASSE, TRIPLE STEP FWD WITH 1/2 TURN

- 1-2 Step Rf to the right, close Lf next to Rf, step Rf to the right weight onto Rf
- 3-4 Step Lf to the left, recover on Rf, step Lf next to Rf take weight onto Lf

Start Again with part B

REPEAT HAVE FUN