Lovers At First Sight



拍數: 32 牆數: 4 級數: Improver

編舞者: Mikael Mölsä (FIN) - November 2007

音樂: Strangers In the Night - Frank Sinatra: (CD: Strangers In The Night)



Starting point: 16 counts from the beginning (at the vocals) in about 0:11.

FORWARD, HOLD, THREE STEP TURN TO LEFT, HOLD, ROCK STEP

1-2 Step right forward, hold

3-4 Turn ¼ to left and step left forward, turn ½ to left and step right back

5-6 Turn ¼ to left and step left to side, hold

7-8 Step right across left, recover weight back to left

Option: For those who dislike turning, replace counts 3-5 with a normal grapewine.

SIDE, HOLD, ½ RIGHT TURNING PIVOT, FORWARD, ¼ LEFT TURNING SWEEP, CROSS, SIDE

1-2 Step right to side, hold

3-4 Step left forward, turn ½ to right

5-6 Step left forward, turn 1/4 to left while sweeping right foot from back to front

7-8 Step right across left, step left to side

CROSS, HOLD, ROCK STEP, TOGETHER, HOLD, ROCK STEP

1-2 Step right across left, hold

3-4 Step left to side, recover weight back to right

5-6 Step left next to right, hold

7-8 Rock right forward, recover weight back to left

STEP BACK, SWEEP LEADING TO TRIPLE 1 ½ LEFT TURN ON SPOT, HOLD, SIDE, TOGETHER

1-2 Step right back, sweep left from front to back starting to turn ½ turn to left

3-4 Finish ½ turn to left by stepping left forward, turn ½ to left by stepping right back

5-6 Turn ½ to left by stepping left forward, hold 7-8 Step right to side, step left next to right

Option: For those who dislike turning, replace steps 4-5 with steps in place. Use your hips while doing the steps!

REPEAT

Note: DURING walls 3 and 5 the music slows down a bit, especially on wall 5 where it almost stops. Slow down your dancing with the beat during those walls to keep the dance perfectly phrased.