

# Blush

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Kate Sala (UK) - November 2007  
音樂: Relax, Take It Easy - MIKA : (Album: Life in Cartoon Motion)



Start on vocals.

Or Music:

Whatever You Do! Don't ! by Shania Twain (121 bpm) Start on main vocals.  
'Jambalaya' by Eddy Raven on 'Line Dance Fever 8. 125 bpm. 16 count intro.

## Section 1: Chasse R, Rock Back, Chasse L, Rock Back.

1 & 2      Step R to R side. Step L next to R. Step R to R side.  
3 4      Rock back on L. Recover on R.  
5 & 6      Step L to L side. Step R next to L. Step L to L side.  
7 8      Rock back on R. Recover on L.

## Section 2: Kick Ball Change, Shuffle, Rock Step, Coaster Step.

1 & 2      Kick forward with R. Step down on ball of R. Step L in place.  
3 & 4      Step forward on R. Step L next to R. Step forward on R.  
5 6      Rock forward on L. Rock back on R.  
7 & 8      Step back on L. Step R next to L. Step forward on L.

## Section 3: Step Pivot 1/2 Turn L, Cross Shuffle, Side Touch, Kick Ball Cross.

1 2      Step forward on R. Pivot 1/2 turn L.  
3 & 4      Cross step R over L. Step L to L side. Cross step R over L.  
5 6      Touch L toe out to L side. Cross step L over R.  
7 & 8      Kick R forward to R diagonal. Step down on ball of R. Cross L over R.

## Section 4: Scissor Step x 2, Rock Forward.

1 2 3      Step R out to R side. Step L in next to R. Cross step R over L.  
4 5 6      Step L out to L side. Step R in next to L. Cross step L over R.  
7 8      Rock forward on R. Rock back on L.

## Section 5: Tap, Scoot Back, Rock Back, Rock Forward, Turn 1/4 L, Cross.

1 & 2      Tap R toe next to L instep. Hop back on L foot. Step back on R.  
(You can replace the above 1 - 2 with – Tap on R. Step back on R).  
3 4      Rock back on L. Rock forward on R.  
5 6      Rock forward on L. Rock back on R.  
7 8      Turn 1/4 L stepping L out to L side. Cross step R over L.

## Section 6: Heel Ball Cross, Side Rock, Cross, Turn 1/2 L, Cross.

1 & 2      Dig L heel forward to L diagonal. Step down on L. Cross step R over L.  
3 4      Rock out to L side on L. Recover on to R.  
5 6      Cross step L over R. Turn 1/4 L stepping back on R.  
7 8      Turn 1/4 L stepping L to L side. Cross step R over L.

## Section 7: Heel Ball Cross, Side Rock, Cross, Turn 1/2 L, Cross.

1 - 8      Repeat section 6

## Section 8: Diagonal Rock, Back Rock, Side Rock, Cross Shuffle.

1 2      Rock diagonally forward on L to L. Recover on to R.  
3 4      Cross rock on L behind R. Recover on to R.

5 6

Rock out on L to L side. Recover on to R.

7 & 8

Cross step L over R. Step R to R side. Cross step L over R

**Begin again.**

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