

Gotta' Stop to Love

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 0 級數: Phrased Intermediate
編舞者: Amy Christian (USA) - November 2007
音樂: Stop to Love - Luther Vandross : (Album: Stop To Love)



Intro: 64 counts. Start on lyrics. Easy 8 count Tag. One Restart,(A minus).

Sequence: AAA Tag BB AAA Tag BB AA- AA BBBB

Part A (32 Counts) - Verse

Cross, Point, Kick, Coaster Step, Scuff ¼ Hitch

1-3 Step R foot across L foot(1), Touch L foot to L side(2), Kick L foot fwd(3),
4-6 Step L foot back(4), Step R foot next to left(5), Step L foot fwd(6),
7-8 Scuff R foot(7), Twist ¼ turn left, as you hitch your R foot(8),

Step, Lean, Hold, Lean, Hold, Straighten, Hold, Lean, Hold

1-4 Step R foot to R side, as you look R and lean right(1), Hold(2), Still Looking R, Lean further right(3), Hold(4),
5-8 Straighten and look fwd(5), Hold(6), Lean and look right(7), Hold(8),

Make ¼ Turn L Sailor, Lock, Step Fwd, Together, Pop Knees Open, Close

1-3 Sweep & step L foot behind R foot(1), ¼ Turn left, stepping R foot to R side(2), Step L foot fwd(3),
4-6 Step R foot behind L foot(4), Step fwd on L foot(5), Step R foot next to L foot(6),
7-8 Pop knees open(7), Close knees(8), (Restart or A minus or A- is at this point)

With Hips Rolls, Step Side, Together, ¼ Turn L Side, Touch, ¼ Turn R, Together, Side, Step

1-4 Step L foot to Left side(1), Step R next to L(2), ¼ Turn L, Stepping L foot to L side(3), Touch R foot next to L(4),
5-8 ¼ Turn R, Stepping R foot to R side(5), Step L foot next to R(6), Step R foot to R side(7), Step L foot to L side(8),

TAG: 8 Count – (Easy Hands Movements– No Foot Work)

1-2 R Hand goes straight up, palm open, L hand goes straight up, palm open
3-4 Bring R hand, to chest in a fist, Bring L hand to chest, in a fist,
5-6 R hand goes out to R side, palm open, L hand goes out to L side, palm open,
7-8 R hand, to chest in a fist, L hand, to chest, in a fist.

Part B (32 Counts) - Chorus

Kick, Step Back, Touch Fwd, Step, Toe Strut, Toe Strut

1-4 Kick R foot fwd(1), Step back on R foot,(2) Touch L foot fwd(3), Step down on L foot(4),

(Optional: On counts (3-4) palms open on the lyrics "Stop", lean back, L hand straight out, R hand in front of face, elbow bent),

5-8 (Drop hands),Touch R foot next to L, Step down on R foot, Touch L foot next to R, Step down on L foot,

Kick, Step Back, Touch Fwd, Step, Toe Strut, Toe Strut

1-8 (Repeat the first 8 counts of Part B)

Side, Behind, Touch, Touch, Touch, Flick, Pivot ½ Turn

1-2 Step R foot to R side(17), Step L foot behind R foot(18),

3-5 Touch R to R side(19), Touch R next to L(20), Touch R to R side,(count 21),
6-8 Flick R foot to R side, Step R foot fwd, Pivot ½ turn left, weight on L foot,

Step Side, L Sailor, R Sailor, Step L Next To R

1-4 Step R to R side, Step L behind R, Step R to R side, Step L to L side,
5-8 Step R behind L, Step L to L side, Step R to R side, Step L next to R,

The Finish: You will be facing the back wall, doing Part B. Do the dance till count 20, followed by

Side, Behind, Touch, Touch, Step Fwd, Pivot ½ Turn L, Step R To R Side.

17-20 Step R to R side, Step L behind R, Touch R to R side, Touch R next to L(20),
21-23 Step Fwd on R, Pivot ½ Turn left(21), Step R to R side(22). Facing the front wall.

Enjoy
