

Hold On

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Yvonne Anderson (SCO) - November 2007
音樂: Hold On - KT Tunstall : (Album: Drastic Fantastic)



Notes: 32 count intro, start just before vocal. Two restarts during wall 4 and wall 7

HITCH-BALL-STEP, PIVOT, STEP, PIVOT and sweep, BEHIND-SIDE-CROSS, STEP 1/4 TURN LEFT

1&2 Hitch R knee, & Step Ball of R slightly back, Step L forward [12]
3-5 Pivot 1/2 turn right taking weight on R, Step L forward, Pivot 1/2 turn right sweeping R out
and around [12]
6&7 Step R behind left, & Step L to left, Step R across left [12]
8 Making 1/4 turn left step L forward [9]

SIDE-TOGETHER-BACK, 1/4 TURN LEFT-TOGETHER-FORWARD, KICK-OUT-OUT, SKATE RIGHT, SKATE LEFT

1&2 Step R to right, & Step L beside right, Step R back [9]
3&4 Make 1/4 turn left stepping L to side, & Step R beside left, Step L forward [6]
5&6 Kick R forward, & Step R to right, Step L to left [6]
7-8 Skate R in place, Skate L in place [6]

***** RESTART during 4th wall and again during 7th wall

MODIFIED MONTEREY, CROSS SHUFFLE, 1/4 TURN LEFT. 1/2 TURN LEFT, ROCK BACK-RECOVER-STEP

1&2 Point R toes to right, & On ball of left make 1/2 turn right stepping R beside left, Point L toes
to left [12]
3&4 Step L across right, & Step R to right, Step L across right [12]
5-6 Make 1/4 turn left stepping L to side, Make 1/2 turn left stepping L back [9]
7&8 Rock R behind left, & Recover weight on L, Step R to right [9]

CROSS- 1/4 TURN LEFT- 1/4 TURN LEFT-CROSS, LUNGE, RECOVER, COASTER 1/4 TURN RIGHT

1-4 Step L across right, Making 1/4 turn left step R back, Making 1/4 turn left step L to left, Step
R across left [3]
5-6 Lunge L to left, Recover weight on R [3]
7&8 Step L behind right, & Making 1/4 turn right step R to side, Step L forward [6]

REPEAT