

Good Morning Beautiful

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate (NC2Step)
編舞者: Shaz Walton (UK) - November 2007
音樂: Good Morning Beautiful - Steve Holy



Count in:- 18 counts – on lyrics

Basic night club. 1/4 Rock. Recover (sway) Walk. Walk. Prep (curtsey) reverse sweep 1/4 turn left.

- 1-2& Step right to right side. Rock left behind right. Recover on right.
3-4& Step left 1/4 turn left (rock over left foot) rock back on right. Rock forward over left.
5-6 Walk forward with right. Walk forward with left.
7-8 Twist 1/4 turn right almost into a curtsey position bending both knees. Recover to standing position as you sweep left foot 1/2 turn left.

Cross behind. Back. Forward. Touch. Coaster step. Skip step. Balance 1/2 turn right.

- 1-2& Cross step left behind right. Step back with right. Step forward left.
3-4& Touch right foot beside left (keeping right leg bent) step back with right. Step back left.
5-6& Step forward right. Step left beside right. Step forward right.
7-8 Step forward left. Keeping weight on left pivot 1/2 turn right. (Make it graceful) J (*tag & restart 2)

Turn 1/4 right. Rock. Recover 1/2 turn left. Full turn left. Rock. Recover. Back. 1/4 right. Step.

- 1-2& Step right 1/4 turn right. Rock forward left. Recover on right.
3-4& Step left 1/2 turn left. Make 1/2 turn left stepping back right. Make 1/2 turn left stepping forward left.
5-6& Step forward right. Rock forward left. Recover on right.
7-8& step back left. make 1/4 right stepping right to right side. Step left in beside right (*tag & restart 1)

Rhonde cross. Side. Behind. 1/4 left. Back. 1/4 left. Side. Cross. 1/4 back. Side. Sway. Replace.

- 1-2& Rhonde (hitch) right knee up and cross step right over left. Step left to left side. Cross step right behind left.
3-4& Step left 1/4 turn left. Step back with right. Make 1/4 left stepping left to left side.
5-6& Step right to right side. Cross step left over right. Make 1/4 left stepping back right.
7-8& Step left to left. Sway right. Sway left & replace weight on left foot.

Start over

Tags & Restarts:

On 4th repetition dance up to & including count 24 *

Add the following:

- 1-2& Step right to right side. Cross rock left behind right. Recover weight on right
3-4& Step left to left side. Cross rock right behind left. Recover weight on left.

Start the dance again from the beginning.

On 5th repetition

Dance up to & including count 16

Add the following:

- 1-2& Step right to right side. Rock left behind right. Recover weight on right
3-4& Step left to left side. Cross rock right behind left. Recover weight on left.
5-6 sway to right. Sway to left.

Start the dance again from the beginning

