

The Boss

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Amy Christian (USA) - November 2007
音樂: The Boss - Diana Ross : (Album: The Boss)



Sequence: 32, 32, 32, 24(Restart), 32, 32, 32, 32, 32, 24(Restart), 32, 32, 32.

Intro: 32 count.

Ball Step, Step, Mambo L, Walk Fwd R, L, Step Back R, L

&1-2 Step on ball of R foot, Take a BIG step fwd on L foot, Step R next to L,
3&4 Rock to L side on L foot, Recover on R foot, Step L foot next to R foot,
5-8 Walk fwd, R, L, Step back on R, L, (optional: add Cuban Hips),

R Coaster, Step Fwd, Pivot ¼, Rock, Recover, Sailor ½ L

1&2 Step back on R, Step L next to R, Step R foot fwd,
3-6 Step fwd on L, ¼ turn R, Stepp'g R to R side,
5-6 Rock fwd on L, Recover on R foot,
7&8 Sweep L behind R, ½ Turn L, Stepping R foot to R side, Step L foot to L side,

Dorothy Steps, Dorothy Steps, Rock fwd, Recover, ½ Turn R, ½ Turn

1-2& Step R fwd, Step L behind R, Step R fwd,
3-4& Step L fwd, Step R behind L, Step L fwd,
5-8 Rock fwd on R, Recover on L, 1/2 Turn right on R, 1/2 Turn right, Stepp'g back on L,
(Restarts are at this point)

R Coaster, Kickball Change, Twist, Twist, Step Back, Together

1&2 Step back on R, Step L next to R, Step R fwd,
3&4 Kick L foot fwd, Step back on L foot, Step fwd on R foot,
5-6 Twist ¼ turn left, Twist ¼ turn R
7-8 Step back on R foot, Step L next to R foot.

Begin again.

Restarts: There are two, 24 count restarts on Wall 4 (at 3 o'clock) and Wall 10 (at 9 o'clock).