

# One Moment

拍數: 32      牆數: 4      級數: Intermediate  
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音樂: Un Momnto Alla - Rick Trevino



Start on vocals

## SIDE, CLOSE, SHUFFLE FORWARDS x 2

1-2      Step left foot to side left, close RF to left foot  
3&4      Shuffle forwards, stepping left, right, left  
5-6      Step right foot to side right, close LF to right foot  
7&8      Shuffle forwards stepping right, left, right

## FORWARD ROCK, BACK LOCK STEP

1-2      Rock forward on left, rock back on right  
3&4      Step LF behind right, lock RF in front, step LF back

## MAKE ½ TURN RIGHT, RONDE INTO JAZZ BOX

1-2      Turn ½ turn right stepping forward onto RF, sweep LF over right  
3-4      Step RF back, step left foot to left side

## WEAVE LEFT, BEHIND SIDE CROSS

1-2      Cross RF over left, step LF to side  
3&4      Cross RF behind, step LF to side, cross RF over left

## SWAY TO LEFT, BEHIND SIDE CROSS

1-2      Rock step LF to side, swaying hips, replace weight on RF  
3&4      Step LF behind, step right foot to side, cross LF over right

## ROCK/SWAY RIGHT X 2 WITH ¼ TURN TO LEFT

1-2      Rock right foot to side, swaying hips and turning 1/8 to left  
3-4      Rock right foot to side, swaying hips and turning 1/8 To left

## ROCK & REPLACE, DRAG

1-2      Rock RF over LF, rock weight back on LF  
3-4      Step large step on RF to side right, drag LF to RF (no weight)

## ALTERNATIVE ENDING FAST - ROCK & REPLACE (x 2)

1&2      Rock RF over left, replace weight on LF, rock RF to side right  
&3&4      Rock onto LF, rock RF over left, replace weight on LF, rock RF to side right, weight ends on RIGHT

Begin again.