

How Long

拍數: 32 牆數: 4 級數: Improver
編舞者: Jicé Jean Claude Cadet - November 2007
音樂: How Long - Eagles : (CD: Long Road Out Of Eden)



WALKS X3, HITCH ¼ TURN, LEFT VINE, HITCH ¼ TURN

1-2-3 Step forward right, left, right
4 Hitch left and ¼ turn left on right foot
5-6-7 Left to the left, right behind left, left to the left
8 Hitch right and ¼ turn left onto left foot

WALK X 3, STOMP, STEP FORWARD, STEP BACKWARD

1-2-3 Walk backward: right, left, right
4 Stomp left beside right
5-6 Step right forward diagonal, touch left beside right and clap
7-8 Step left backward onto left diagonal, touch right beside left and clap

WALK TWICE, STEP TURN, STOMPS, HELL STAND

1-2 Walk forward, right, left
3-4 Right forward, ¼ turn left (weight ends on left)
5-6 Stomp right, stomp left
7-8 Raise toes (weight on the hells), lower toes

WALK TWICE, STEP TURN, TOE TOUCH

1-2 Walk forward, right, left
3-4 Right forward, ½ turn left (weight ends onto left)
5-6 Touch right toe onto right, right beside left (weight onto right)
7-8 Touch left toe onto left, left beside right (weight onto left)

Begin again.

TAG:

At the end to wall 3 - Repeat 4 counts (29-32)
