

Only U

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Andrew Palmer (UK), Simon Cox (UK) & Sheila Palmer (UK) - November 2007
音樂: Only You - Keith Urban : (CD: Keith Urban)



Our thanks to Alison Biggs for her support with the dance and (Dangerous) John Olney for bringing the music to our attention.

Start on Vocals

SIDE. CROSS-ROCK. RECOVER. SIDE. CLOSE. QUARTER. ROCK. RECOVER. SHUFFLE-TURN.

1-3 Step L to side, cross-rock R over L, recover.
4&5 Step R to side, step L beside R, quarter turn R (3:00) step fwd R.
6,7 Rock fwd L, recover.
8&1 Shuffle half turn L (9:00) stepping L R L.

STEP. PIVOT. STEP. SIDE. SLIDE-TOGETHER. SHUFFLE.

2,3 Step R fwd, pivot half turn L (3:00).
4-6 Step R fwd, step L to side, slide R beside L (weight on R).
7&8 L shuffle.

ROCK. RECOVER. BACK. BACK. ROCK. RECOVER. SHUFFLE.

1,2 Rock fwd R, recover.
3,4 Walk back on R, walk back on L.
5,6 Rock back on R, recover.
7&8 R shuffle.

STEP. PIVOT. CROSS.POINT. CROSS. TOUCH. RAISE HEEL. RAISE HEEL

1,2 Step L fwd, pivot quarter turn R (6:00).
3,4 Cross L over R, point R to side.
5,6 Cross R over L, touch L beside R (keep L heel raised).
7,8 Lower L Heel (and raise R), lower R heel (and raise L).

Begin again.
