Winners & Losers

拍數: 32

級數: Intermediate

編舞者: Maria Hennings Hunt (UK) - November 2007

音樂: Winner At a Losing Game - Rascal Flatts

BACK ROCK, SHUFFLE FORWARD, STEP PIVOT ½ TURN, SHUFFLE FORWARD

- 1-2 Rock back onto RF, recover weight on Left
- 3&4 Step RF forward, close LF to RF, step RF forward
- 5-6 Step forward on LF, turn ½ over Right shoulder, step onto RF
- 7&8 Step LF forward, close RF to LF, step LF forward

FULLTURN (OR TWO WALKS), STEP ½ TURN, KICK BALL POINT, HIP ROCK

- 1-2 Turn $\frac{1}{2}$ to Left stepping back on RF, turn $\frac{1}{2}$ to Left stepping forward on LF
- 1-2 For non turners just do two prissy walks Forward R, L
- 3-4 Step forward on RF, pivot ½ turn over left shoulder, recover weight LF
- 5&6 Kick right leg forward, step onto RF, point Left toe to side left
- 7-8 Turning ¼ to LF Rock onto left foot, Rock back onto RF with hip bump back

CROSS BACK SIDE, CROSS BACK SIDE, UNWIND FULL TURN (OR CROSS ROCK RECOVER), CHASSE TO LEFT

- 1&2 Cross LF over RF, step RF back, step LF to side
- 3&4 Cross RF over LF, step LF back, Step RF to side
- 5-6 Cross LF over RF, unwind full turn to right
- 5-6 For non -turners, rock LF over RF, recover weight on RF
- 7&8 Step LF to side, close RF to LF, step LF to side

BACK ROCK, KICK BALL CROSS, SIDE ROCK, POINT REVERSE ½ TURN

- 1-2 Rock back on RF, recover weight on LF
- 3&4 Kick right leg forward, step RF in place, cross LF over RF
- 5-6 Rock RF to side, recover weight on LF
- 7-8 Point right toe behind and turn ¹/₂ right, keeping weight on LF

RESTARTS:

Walls 4 and 9, Dance the FIRST 14 counts up to the KICK BALL POINT, do the ROCK ¼ TURN and HOLD the Weight on the LEFT foot ready to start again with the BACK ROCK





牆數:4