

Rockin Years

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Chris West - February 2007
音樂: Rockin' Years - Dolly Parton & Ricky Van Shelton



Starts 12 counts in.

Cross Waltz, Cross $\frac{1}{4}$ turn, $\frac{1}{4}$ turn, step forward

1,2,3 Cross waltz R,L,R,
4,5,6 Cross L over R, turn $\frac{1}{4}$ L step R back, turn $\frac{1}{4}$ L step L forward

Step forward, kick L, step back, drag hold.

1,2,3 Step R forward, kick left twice
4,5,6 Step L back, Drag R across L and hold for 2 counts

Make $\frac{1}{2}$ turn waltz, rock back, rock forward, step forward

1,2,3 R $\frac{1}{2}$ turn waltz,
4,5,6 Rock L back, rock forward on R, step L forward

Step forward, pivot $\frac{1}{2}$, step forward, rock side to side & cross

1,2,3 Step R forward, pivot/turn $\frac{1}{2}$ L, step R forward
4,5,6 Rock/sway L & R, cross L over R

Rock side to side & behind, Roll L

1,2,3 Rock/sway R & L cross R behind L
4,5,6 $\frac{1}{4}$ turn L step L forward, $\frac{1}{4}$ turn L step R to R side, $\frac{1}{4}$ turn L step L forward

Step drag R & touch, Step drag L & touch

1,2,3 Step R to R side, drag L beside R, touch L beside R
4,5,6 Step L to L side, drag R beside L, touch R beside L

Roll R, cross/rock, step to the side

1,2,3 $\frac{1}{4}$ turn R step R forward, $\frac{1}{4}$ turn R step L to L side, $\frac{1}{4}$ turn R step R forward
4,5,6 Cross/rock L over R, rock back on R, step L to L side

Cross/rock & hip sways

1,2,3 Cross/rock R over L, rock back on L, step R to R side
4,5,6 Sway hips L-R-L

Begin again.
