

Gettin' Good

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Jette M. Sørensen (DK) - September 2007
音樂: Gettin' Good At Gettin' Over You - Wenche : (Album: Dance The Night Away)



Intro: 16 counts.

Section 1: Side rock R, behind, side, cross, side rock L, behind, ¼ turn R, step forward L

1-2 Rock right to right side, recover onto left
3&4 Step right behind left, step left to left side, cross right over left
5-6 Rock left to left side, recover onto right
7&8 Step left behind right, turn ¼ turn right stepping forward onto right, step forward left

Section 2: Walk R, L, kick R x2, back coaster R, rock step L

9-10 Step forward right, step forward left
11-12 Kick right forward twice
13&14 Step back right, step left next to right, step forward right
15-16 Rock forward on left, recover onto right

Section 3: Back lock L, step back L, ½ turn R forward shuffle R, rock step L, sailor ¼ turn L

17&18 Step back left, lock right in front of left, step back left
19&20 On ball of left turn ½ turn right stepping forward on right, close left next to right, step forward right
21-22 Rock forward on left, recover onto right
23&24 Step left behind right turning ¼ turn left, step right to right side, step forward left

Section 4: Paddle ¼ turn L, ¼ turn L chasse R, sailor ¼ turn L, kick ball cross R

25-26 Step forward right, turn ¼ turn left, weight on left
27&28 Step right to right side turning ¼ turn left, step left next to right, step right to right side
29&30 Step left behind right turning ¼ turn left, step right to right side, step forward left
31&32 Kick right forward, step right next to left, cross left over right (weight ends on left)

REPEAT DANCE AND FEEL GOOD

Ending: After finishing the 7th wall of the dance.

1-4 Stomp forward right, on ball of left turn ¼ turn left, step right next to left, hold & arms up.