Keen On Disco



拍數: 64 牆數: 4 級數: Intermediate 編舞者: Lucy Morley (UK) & Jonathan Walton (UK) - August 2007





Intro: 48 counts.

			E SHUFFLE ROCK BACK
RIGHT SIDE	SHIFFIF RUK	BALK LEELSIII	

1&2 Step right to right side, close left beside right, step right to right.

3-4 Rock back on left, rock forward on right

Step left to left side, close right beside left, step left to left side.

7-8 Rock back on left, rock forward on right

STEP FORWARD HALF PIVOT WALK, WALK, HIP BUMPS, FORWARD SHUFFLE

1-2 Step forward on right, pivot half turn to left.

3-4 Walk forward right, left5-6 Bump hips forward, back

7&8 Step right forward, close left beside right, step right forward

FORWARD ROCK ½ TURN SHUFFLE, ½ TURN SHUFFLE, ROCK BACK

1-2 Rock forward on left, rock back on right

Make half turn to left step forward on left, close right beside left, step forward on left.

Make half turn left step back on right, close left beside right, step back on right.

7-8 Rock back on left, rock forward on right.

CROSS STEP. ROCK & HEEL & CROSS STEP. ROCK & HEEL

1-2 Cross right over left, step left to left side

3&4 Rock back on left, rock forward on right, touch left heel forward &5-6 Step left beside right, cross right over left, step left to left side Rock back on right, rock forward on left, touch right heel forward

LEFT ROCK FORWARD, TRIPLE ¾ TURN ON LEFT SHUFFLE IN PLACE, ROCK FORWARD, LOCK SHUFFLE BACK

1-2 Rock forward on left, rock back on right

3&4 Shuffle ¾ turn in place over Left shoulder stepping Left-Right-Left

5-6 Rock forward on right, rock back on left

7&8 Step back on right, cross left over right, step back on right

ROCK BACK, FORWARD, FULL TURN TRAVELING FORWARD, WALK (L,R), FORWARD SHUFFLE

1-2 Rock back on left, rock forward on right

3-4 Full turn travelling forward over Right shoulder stepping Left-Right

5-6 Walk forward on Left, Walk forward on Right

7&8 Step forward on Left, Close Right beside Left, step forward Left

RIGHT JAZZ BOX, TOUCH, FORWARD MAMBO, SIDE MAMBO, TOUCH

1-2 Cross right over left, step back left

3-4 Step Right to right side, touch Left beside Right

5&6 Rock forward on Left. Rock back on Right. Step back on Left

7&8 Rock to side on right, Recover weight on Left, touch Right beside left

RIGHT DIAGANAL STEP FORWARD, TAP, HEEL JACKTOUCH, LEFT DIAGONAL STEP FORWARD, TAP, HEEL JACK TOUCH

1-2 Step Forward. Right to Right diagonal. Tap Left at side of Right.

&3&4	Step back Left. Touch Right heel Forward. Step in Right. Touch left at side of Right.
5-6	Step Forward. Left to Left diagonal. Tap Right at side of Left.
&7&8	Step back Right. Touch Left heel forward. Step in Left. Touch Right at side of Left.

Begin again.

FINISH: To finish facing front as music stops.
On last wall (3 o'clock) at end of last section, Touch right behind left, unwind three-quarter turn right.