

# Power Of One

**COPPER KNOB**  
BY STEPHEN T. C.

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Tina Hollen (DK) - November 2007  
音樂: The Power of One - Bomshel



Intro: 24 counts.

## **SIDE ROCK R, CROSS SHUFFLE, SIDE ROCK L, CROSS SHUFFLE**

1-2      Rock right to right side, recover onto left  
3&4      Cross right over left, step left to left side, cross right over left  
5-6      Rock left to left side, recover onto right  
7&8      Cross left over right, step right to right side, cross left over right

## **SKATES ¼ TURN, FORWARD SHUFFLE, PIVOT ½, MAMBO POINT**

1-2      Skate ¼ to right side on right, skate forward on left  
3&4      Step right forward, step left beside right, step right forward  
5-6      Step forward on left, turn ½ right  
7&8      Rock forward on left, recover onto right, point left to left side

## **CROSS, STEP, BACK COASTER, CROSS, STEP, BACK COASTER**

1-2      Cross left over right, step right to right side  
3&4      Step back on left, step right next to left, step forward on left  
5-6      Cross right over left, step left to left side  
7&8      Step back on right, step left next to right, step forward on right

## **ROCK STEP, SHUFFLE ½ TURN, STEP, TOUCH, KICK BALL TOUCH**

1-2      Rock forward on left, recover onto right  
3&4      Make ½ left stepping left right left  
5-6      Step forward on right, touch left next to right  
7&8      Kick left forward, step left next to right, touch right next to left

Begin again.

---