

Loveable Liz'

拍數: 72 牆數: 1 級數: Intermediate
編舞者: Sandie Lilholt Kristensen & Bodil Lilholt Kristensen (DK) - November 2007
音樂: Kissable, Huggable, Loveable, Unbelievable - Diamond Rio : (Album: Unbelievable)



Start on vocals.

Knee Pops x 4, Toe Strut x 2, right, left.

1-4 Lift heels from the floor popping knees out to the sides, Bounce heels back to the floor x 4
5-6 Step right toe forward, Drop right heel to the floor, taking weight.
7-8 Step left toe forward, Drop heel to the floor, taking weight

Kickball ¼ turn x 2 left, Rocking chair.

1&2 Kick right foot forward, Step right beside left, Step left beside right as you turn ¼ to the left.
3&4 Kick right foot forward, Step right beside left, Step left beside right as you turn ¼ to the left.
5-6 Rock forward on right, Recover on left.
7-8 Rock back on right, Recover on left.

Make ½ Pivot turns x 2, left, Side, Behind, Heel, Cross, right.

1-2 Step forward right, Turn ½ turn to the left.
3-4 Step forward right, turn ½ turn to the left.
5-6 Step right to the right, Step left behind right
&7&8 Step right beside left, Touch left heel forward, Step left beside right, Cross right over left.

Side, Behind, Heel, Cross, left, ¼ paddle turns x 2, left.

1-2 Step left to the left, Step right behind left.
&3&4 Step left beside right, Touch right heel forward, Step right beside left, Cross left over right.
5-6 Step forward right, On ball of right turn ¼ to the left
7-8 Step forward right, On ball of right turn ¼ to the left

Shuffle forward, right, Rock step, Shuffle back left, Rock step

1&2 Step forward right, Step left beside right, Step forward right.
3-4 Rock forward on left, Recover on right.
5&6 Step back left, Step right beside left, Step back left.
7-8 Rock back on right, Recover on left.

Kick, Cross x 4, Right, Left

1-2 Kick right to the right, Cross right over left
3-4 Kick left to the left, Cross left over right
5-8 Repeat steps 1-4

Step, Hold, Turn, Hold, left x 2

1-2 Step forward right, Hold and snap your fingers to the right,
3-4 Step ¼ to the left on left, Hold and snap your fingers to the left
5-6 Step right beside left, Hold and snap your fingers to the right
7-8 Step ¼ to the left on left, Hold and snap your fingers to the left.

Front, Side, Coaster, Right, Left

1-2 Kick forward right, Kick right to the right,
3&4 Step back on right, Step left beside right, Step forward right.
5-6 Kick forward left, Kick left to the left.
7&8 Step back on left, step right beside left, Step forward left.

Shuffle forward, right , Rock step, Shuffle ½ turn left, Step, Together

1&2 Step forward on right, Step left beside right, Step forward on right.

3-4 Rock forward on left, Recover on right.

5&6 Step left to the left turn ¼ to the left, Step right beside left, Step left to the left turn ¼ to the left

7-8 Step forward right, Step left beside right.

We hope you like it!
