

Sexy Cha

拍數: 32 牆數: 4 級數: Beginner
編舞者: Winnie Yu (CAN) - November 2007
音樂: Sexy Music - The Nolan Sisters



Alternate Music: Ring My Bell by Anita Ward

Section 1: SHUFFLE FORWARD X 4

1&2 Step forward on right, step left next to right, step forward on right
3&4 Step forward on left, step right next to left, step forward on left
5&6 Step forward on right, step left next to right, step forward on right
7&8 Step forward on left, step right next to left, step forward on left

Section 2: RIGHT ROCKING CHAIR X 2

1-2 Rock forward on right, replace weight onto left
3-4 Rock back on right, replace weight onto left
5-6 Rock forward on right, replace weight onto left
7-8 Rock back on right, replace weight onto left

Section 3: RIGHT CHASSE, ROCK, RECOVER, 1/4 TURN, LEFT CHASSE, ROCK, RECOVER

1&2 Step right to right, step left beside right, step right to right
3-4 Rock back on left, rock forward on right in place
5&6 Make 1/4 turn right stepping left to left, step right beside left, step left to left (3:00)
7-8 Rock back on right, rock forward on left in place

Section 4: WEAVE RIGHT, LEFT JAZZ BOX, TOUCH

1-2 Step right to right, cross left behind right
3-4 Step right to right side, scuff left across right
5-6 Cross left over right, step back on right
7-8 Step back on left, touch right beside left

Begin again.

Easy Option for Ultra Beginner:- replace Section 4 with:

Count 1-4 -Weave right, touch left beside right

Count 5-8 -Weave left, touch right beside left