White Satin

級數: Intermediate

編舞者: Scott Schrank (USA) - November 2007

牆數:2

音樂: Nights in White Satin - Dave Ashby : (CD: Wonderwall)

Intro: 24 Counts

(1-6) Step, Touch, Hold, Back, Together, Step

- 1-2-3 Step left foot forward, Touch right toe next to left, Hold
- 4-5-6 Step right foot back, Step left foot next to right, Step right foot next to left and slightly back

(7-12) Cross, Point, Hold, Behind, Turn, Step

- 1-2-3 Cross left foot over right, Point right toes right, Hold
- 4-5-6 Step right foot behind left, Make 1/4 turn left stepping forward with left, Step forward right (9:00)

(13-18) Step, Tap, Tap, Back, Turn, Step

- 1-2-3 Step slightly forward on left, Tap right foot next to left, Tap right foot next to left
- 4-5-6 Step right foot back slightly past the left, Start 1/2 turn left stepping down on left, Step slightly forward on right (3:00)

(19-24) Step, Sweep Slow, Cross, Back, Home

- 1-2-3 Step slightly forward on left, Start to slowly sweep right foot in front of left for counts 2-3
- 4-5-6 Weight the right foot over left, Step left foot back, Step right foot next to left (Weight the right)

(25-30) Cross, Rock, Recover, Sailor Step

- 1-2-3 Cross and weight the left foot front of right, Rock onto right foot, Recover weight back to left
- 4-5-6 Step right foot behind left, Step left next to right, Step right foot slightly forward

(31-36) Behind, Turn, Step, Step, Rock, Recover

- 1-2-3 Step ball of left foot behind right starting 3/4 turn left, weight the right finishing 3/4 turn left, Step left foot slightly forward (6:00)
- 4-5-6 Step right foot slightly forward, Rock left foot diagonally left, Return weight to right foot

(37-42) Cross, Back, Home, Cross, Turn, Side

- 1-2-3 Cross left foot over right, Step right foot back, Step left foot next to right
- 4-5-6 Cross right foot over left, Step back on ball of left foot making 1/4 turn right, Step right foot right (9:00)

(43-48) Cross, Point, Hold, Behind, Turn, Step

- 1-2-3 Cross left foot over right, Point right toes right, Hold
- 4-5-6 Step ball of right behind left starting 3/4 turn right, weight the left finishing 3/4 turn right, Step right foot slightly forward (6:00)

Start Again

RESTART: After finishing the 7th rotation, do the FIRST 36 counts of the dance, then restart from the beginning





拍數: 48