

Heels & Splits

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Michelle Risley (UK) - November 2007
音樂: Little Bitty Pretty One - Billy Gilman



Arranged for our Breakthrough Breast Cancer Charity Event Oct 2006

HEELS & SPLITS

1-2 Right Heel Dig Forward, Replace
3-4 Left Heel Dig Forward, Replace
5-6 Split Both Heels, Bring Together
7-8 Split Both Heels, Bring Together

HEELS & SPLITS

1-8 Repeat above

VINE RIGHT AND LEFT ¼ LEFT

1-4 Right Side, left behind, Right to Right Side, Left Touch & Clap
5-8 Left Side, Right Behind, Left ¼ left turn, Right Touch

JUMP FORWARD, JUMP BACK, KNEE POPS

1&2 Small jump forward, Right-left, Clap
(Just for fun try clapping the person next to you)
3&4 Small jump Back, Right-Left, Clap
(Just for fun try clapping the person next to you)
5-8 Knee Pops, Left, Right, Left, Right

Begin again.

Nice little upbeat dance that can be used for alternative floor splits, for lots of tracks.
