

Tell Me Your Favorite Song

COPPER KNOB
BY STEPHEN T. C.

拍數: 40 牆數: 2 級數: Improver
編舞者: Angela Rushing (USA) - November 2007
音樂: Put Your Records On - Corinne Bailey Rae : (CD: Put Your Records On)



Dance starts: no count intro (start on the words "Three little")

WALK FWD 3X, POINT, WALK BACK 3X, POINT

1-4 Walk right foot forward- right, left, right, point left toe to left side
5-8 Walk back left foot- left, right, left, point right toe to right side

SHUFFLES (R-L), ½ TURN, ROCK BACK, RECOVER

1-2 Shuffle right foot forward- right, left, right
3-4 Shuffle left foot forward- left, right, left
5-6 Step right foot, making ½ turn to the left
7-8 Rock back right foot, recover onto left

POINT, CROSS 4X

1-2 Point right toe to right, cross right in front of left
3-4 Point left toe to the left, cross left in front of right
5-8 Repeat 1-4

KICK 2X, SIDE ROCKS (R-L)

1-2 Kick right foot twice
3-4 Rock right foot to right side, rock left foot to left side
5-6 Kick left foot twice
7-8 Rock left foot to left side, rock right foot to right side

LOCK BACK (R-L), KNEE ROLL (R-L)

1-2 Step right back, lock left over right, step right back
3-4 Step left back, lock right over left, step left back
5-6 Roll right knee out to right side, down right heel
7-8 Roll left knee out to left side, down left heel

Repeat counts 1-40 enjoy dancing and have fun!