

# No Return

拍數: 48                      牆數: 4                      級數: Easy Intermediate  
編舞者: Robbie McGowan Hickie (UK) - November 2007  
音樂: When I Leave This House (feat. Billy Ray Cyrus) - Adam Gregory : (CD: Workin' On It)



## Also:

“Doin’ It Right” by Jason McCoy (152 bpm...Start on Vocals) CD...“Playin’ For Keeps”  
“One Dance With You” by Vince Gill (136 bpm...48 Count intro) CD...“High Lonesome Sound”

Intro: 32 Counts.

### Back Rock. Right Kick-Ball-Step Forward. Heel Swivels. Back Rock.

1 – 2                      Rock back on Right. Rock forward on Left.  
3&4                      Kick Right forward. Step ball of Right beside Left. Step forward on Left.  
5 – 6                      Swivel both heels Left. Swivel both heels back into centre. (Weight on Right)  
7 – 8                      Rock back on Left. Rock forward on Right.

### Left Shuffle Forward. Step. Pivot 1/4 Turn Left. Cross. 2 x 1/4 Turns Right. Cross.

1&2                      Left shuffle forward stepping Left. Right. Left.  
3 – 4                      Step forward on Right. Pivot 1/4 turn Left.  
5 – 6                      Cross step Right over Left. Turn 1/4 turn Right stepping back on Left.  
7 – 8                      Turn 1/4 turn Right stepping Right to Right side. Cross step Left over Right. (Facing 3 o'clock)

### Dwight Swivels Right. Chasse 1/4 Turn Right. Forward Rock.

1                          Swivel Left heel Right touching Right toe beside Left.  
2                          Swivel Left toe Right touching Right heel slightly forward into Right diagonal.  
3 – 4                      Repeat above Counts 1 – 2.  
5&6                      Step Right to Right side. Close Left beside Right. Turn 1/4 turn Right stepping forward on Right.  
7 – 8                      Rock forward on Left. Rock back on Right. (Facing 6 o'clock)

### Left Shuffle 1/2 Turn Left. Full Turn Left. Right Jazz Box Cross.

1&2                      Left shuffle back turning 1/2 turn Left stepping Left. Right. Left.  
3 – 4                      Turn 1/2 turn Left stepping back on Right. Turn 1/2 turn Left stepping forward on Left.  
5 – 6                      Cross step Right over Left. Step back on Left.  
7 – 8                      Step Right to Right side. Cross step Left over Right. (Facing 12 o'clock)

**Easier Option: Counts 3 – 4 above ... Walk forward on Right. Walk forward on Left.**

### Monterey 1/2 Turn Right with Touch. Chasse Left. Back Rock.

1 – 2                      Point Right toe out to Right side. Turn 1/2 turn Right stepping Right beside Left.  
3 – 4                      Point Left toe out to Left side. Touch Left toe beside Right.  
5&6                      Step Left to Left side. Close Right beside Left. Step Left to Left side.  
7 – 8                      Rock back on Right. Rock forward on Left. (Facing 6 o'clock)

### Step Forward. Tap. Jump Back Out-Out. Hold and Clap. Cross. 1/4 Turn Left. Left Shuffle Back.

1 – 2                      Step forward on Right. Tap Left toe behind Right heel.  
&3                          Jump back Left out to Left side. Jump back Right out to Right side. (Feet Shoulder Width Apart)  
4                          Hold and Clap. (Weight on Right)  
5 – 6                      Cross step Left over Right. Turn 1/4 turn Left stepping back on Right.  
7&8                      Left shuffle back stepping Left. Right. Left. (Facing 3 o'clock)

Start Again

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