

# Por Arriba

**COPPER** **NOB**  
BYEPOSTETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Andrew Palmer (UK), Simon Cox (UK) & Sheila Palmer (UK) - October 2007  
音樂: Por Arriba, por Abajo - Ricky Martin : (CD: Vuelve - 3:09)



**Start on Vocals (30 counts of instrumental) approx 30 seconds**

**SIDE. BEHIND. SIDE-ROCK. RECOVER. CROSS. SIDE. BEHIND. TURN. SHUFFLE.**

1,2            Step R to side, cross L behind R.  
3&4           Rock R to side, recover, cross R over L.  
5,6            Step L to side, cross R behind L.  
7&8            Quarter turn L (9:00) L shuffle fwd.

**SAMBA-STEP. CROSS-SHUFFLE. ROCK. RECOVER. CROSS-SHUFFLE.**

1&2            (Travelling slightly fwd) Cross R over L, rock L to side, recover  
3&4            Cross L over R, step R to side, cross L over R.  
5,6            Rock R to side, recover.  
7&8            Cross R over L, step L to side, cross R over L.

**PRESS. RECOVER. ROCK. RECOVER. STEP. CROSS-ROCK. SIDE. CROSS. SIDE.**

1,2            Press L (to L diagonal), recover.  
3&4            Rock L behind R, recover, step L (to L diagonal).  
5,6            Cross-rock R over L, recover.  
&7,8           Step R to side, cross L over R, step R to side.

**BACK-ROCK. RECOVER. TURN. SHUFFLE. PIVOT. PIVOT.**

1,2            Rock L behind R, recover.  
3&4            Quarter turn L (6:00) L shuffle fwd.  
5,6            Step-pivot half turn L (12:00).

**\*\*\* Restart here on wall 4**

7,8            Step-pivot half turn L (6:00).

**Begin again**

---