Ready For A Miracle

拍數: 32

級數: Intermediate

編舞者: Claire Butterworth (UK) & Steve Rutter (UK) - October 2007

音樂: Ready for a Miracle - LeAnn Rimes : (Family album or Evan Almighty soundtrack)

Intro: 8 Counts - Starting On The Word - 'ARE' (13 Secs).

Walk Forward, Mambo Rock 1/2 Turn Right, Triple Full Turn Right, Coaster Step.

牆數:4

- 1-2 Step forward on right, step forward on left.
- 3&4 Rock forward on right, recover weight onto left, make a ½ turn right stepping forward on right.
- 5&6 Make a full turn right (Traveling Forward) stepping left, right, left.
- 7&8 Step back on right, step left beside right, step forward on right

Left Shuffle Forward, Hip Walks, Sailor ¼ Turn Right.

- 1&2 Shuffle forward stepping left, right, left.
- 3&4 Step forward on right bumping hips right, left, right.
- 5&6 Step forward on left bumping hips left, right, left.
- 7&8 Cross right behind left, make ¼ right stepping left to side taking weight), replace weight on right

Mambo Rocks, Coaster Step, Triple Full Turn Left.

- 1&2 Rock left to left side, recover on right, step left next to right.
- 3&4 Rock right to right side, recover on left, step right next to left.
- 5&6 Step back on left, step right next to left, step forward on left.
- 7&8 Make a full turn left (Traveling Forward) stepping on right, left, right.

Toe Struts, Scuff & Touch, Sailor ½ Turn Right, Step Forward, Pivot ½ Turn Right, Step Forward.

- 1& Touch left toe forward, drop left heel.
- 2& Touch right toe forward, drop right heel.
- 3&4 Scuff left forward, step left to left side, touch right toe next to left.
- 5&6 Cross right behind left, make ¼ turn right stepping left to left side (Taking Weight), make ¼ turn right replacing weight onto right.
- 7&8 Step forward on left, pivot ½ turn right, step forward on left.

Begin again.

Choreographers' Note:

At around 2:58 mins the music will lose it's main beat. Just carry on dancing through this and the music will pick up its beat again.



