

Old Tears

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Old Tears - Ilse DeLange



16 Count Intro

Step Forward. Step. Pivot 1/2 Turn Left & Step Forward. Step. Pivot 1/2 Turn Right & Cross. 1/4 Turn Left. 1/2 Turn Left. Forward Rock & Step Back.

- 1 Long step forward on Left allowing Right toe to Drag up towards Left.
- 2&3 Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. (Facing 6 o'clock)
- 4&5 Step forward on Left. Pivot 1/2 turn Right. Cross step Left over Right. (Facing 12 o'clock)
- 6 – 7 Turn 1/4 turn Left stepping back on Right. Turn 1/2 turn Left stepping forward on Left.
- 8&1 Rock forward on Right. Rock back on Left. Long step back on Right allowing Left to Drag toward Right.

(Facing 3 o'clock)

Side Rock 1/4 Turn Left. & Step Forward. 1/2 Turn Left with Sweep. Cross Rock Back & Side Step Left. Cross Rock Back & Chasse 1/4 Turn Right.

- 2&3 Turn 1/4 turn Left rocking Left out to Left side. Recover weight on Right. Step forward on Left.
- 4 T urn 1/2 turn Left stepping back on Right – Sweeping Left out to Left side.
- 5& Rock back Left behind Right. Rock forward on Right.
- 6 Long step Left to Left side – allowing Right toe to Drag/Slide towards Left. (Weight on Left)
- 7& Rock back Right behind Left. Rock forward on Left.
- 8&1 Step Right to Right side. Close Left beside Right. Turn 1/4 turn Right stepping forward on Right.

(Facing 9 o'clock)

Note: Count 4 above: Should be a Continuous Sweep around from Front to Back.

Step. Pivot 1/4 Turn Right & Cross. 2 x Diagonal Steps Back. Cross. Back Rock. Full Turn Right.

- 2&3 Step forward on Left. Pivot 1/4 turn Right. Cross step Left over Right. (Facing 12 o'clock)
- 4& Step Right Diagonally back Right. Step Left Diagonally back Left. (Body Facing Left Diagonal)
- 5 Lock step Right across Left. (Body still on the Left Diagonal)
- 6 – 7 Straighten Up to 12 o'clock ...Rock back on Left – popping Right knee forward. Rock forward on Right.
- 8&1 Travelling Forward ...Turn a Full turn Right stepping Left. Right. Left.

Forward Rock & 1/4 Turn Right. Cross. Side Step Right. Touch. 2 x Skates Forward. Back. Together.

- 2&3 Rock forward on Right. Rock back on Left. Turn 1/4 turn Right stepping Right Long step to Right side.
- 4 Cross step Left over Right. (Facing 3 o'clock)
- 5& Step Right to Right side. Touch Left toe beside Right.
- 6 – 7 Skate slightly forward on Left. Skate slightly forward on Right.
- 8& Step back on Left. Step Right beside Left.

Start Again